As a frontline healthcare worker, you play an important role in fighting antimicrobial resistance.

When you practice infection control, you stop resistant germs from:

- Entering the body and causing infections through procedures and medical devices
- Spreading to people from surfaces like bedrails or the hands of healthcare workers
- Moving with patients when they are transferred between facilities
- Spreading into the community, making them harder to control

Infection control fights resistance by:

- Preventing new healthcare associated infections
- Stopping the spread of resistant germs
- Reducing the need for antibiotics or antifungals

Infection control also protects you from getting sick and decreases the risk of spreading germs to patients.

Check out Project Firstline resources to learn more about how you can protect your patients, yourself, and your community from antimicrobial resistance.

www.cdc.gov/ProjectFirstline