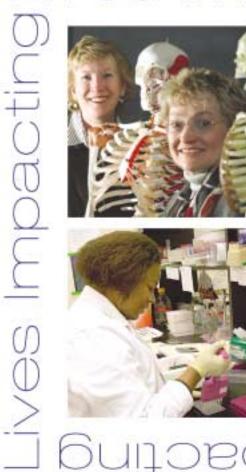
Lives Impacting









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and Director	2
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<u>ON COVER</u>

ANF Scholars:

Top left: Carol Sedlak, PhD, RN, CNS, ONC, CNE, ANF Scholar with Peggy Doheny, PhD, RN, CNS, CNE, ONC

Top right: Rita Pickler, PhD, RN, FAAN, ANF Scholar

Bottom left: *Bashira Abdullah Charles, MSN, RN, NP, ANF Scholar*

Bottom right: Pamela Mitchell, PhD, RN, FAAN, ANF Scholar (center) with Barbara Ricker, MN (right) and Karen March, MN (left)









LIVES IMPACTING LIVES

Dear Friends...

It is with honor that we write to you about the American Nurses Foundation (ANF). As a 501(c)3 organization, ANF gives nurses opportunities to explore warning signs of stress-related high blood pressure; **discover** how diabetes can be monitored improving the life of someone who has diabetes; **delve** into the stages of infant development; **examine** alternatives to ending the obesity trend; enhance skills to communicate with populations from babies, to the elderly; teach prevention of foodborne illnesses; and test new methods to handle addictions, such as smoking.

But, that is not all. ANF also gives nurses the opportunity to uncover the value of caring; **understand** the effects of lifestyle habits on the human body; **reach** out to assist our own; **improve** quality of nursing care; and *realize* dreams in the nursing profession!

As the philanthropic arm of the American Nurses Association (ANA), ANF has given nurses opportunities to advance the profession, enhance the public health, and become nurse leaders, since 1955. Close to 1,000 nurses have taken that opportunity through our flagship program, the Nursing Research Grants Program. ANF is principally known for providing seed money to beginning nurse researchers, enabling them to begin their research careers and go on to receive national funding. ANF has awarded nearly \$4 million to beginning and experienced nurse researchers over the past 54 years. The findings of these nurse researchers have made a substantial positive impact on the lives that surround us. Many of the ANF Scholars have gone on to be leaders in nursing research who advance the scientific foundation for practice, leaders in nursing, and leaders in their communities. That is why we thank all of our donors for supporting the Annual Fund and mission of ANF!

Financial commitment to ANF opens doors not only for nurse researchers, but for those nurses who dream of impacting lives by conducting their own studies that may lead to change in health care policies and procedures. Just think of the lives that have been impacted by the work of ANF Scholars. Pamela Mitchell, PhD, RN, FAAN, conducted original work on the effect of nurses' activities on intracranial pressure that led to a program of research on neurological responses and neurobiology. Barbara F. Piper, DNSc, RN, AOCN, FAAN, a leading expert on fatigue and pain management, received her original ANF funding for research on the effect of exercise on fatigue and mood states in women with breast cancer. She is a co-investigator on a \$3.7 million study designed to translate the National Comprehensive Cancer Network's pain and evidence-based guidelines into practice through innovative ways to improve care for patients with cancer. (Her instrument, the Piper Fatigue Scale was selected for use in a 10-site cancer clinical trial by Sigma - Tau Pharmaceuticals, Inc). Susan B. Meister, PhD, RN, FAAN, who has devoted her career to child health policy, worked on innovations in the care of children with serious chronic illnesses and examined the contributions of cost-effectiveness analysis, decision analysis, and technology assessment in policy analysis.

ANF scholars such as these have created a legacy of leadership and have paved the way for a new generation of nurse researchers and leaders. All taxdeductible contributions to the ANF Annual Fund, whether from individuals or corporations, acknowledge the work of nurse researchers today, and those who will follow in their footsteps tomorrow.

We thank our many donors who support ANF's mission and ensure that nurses always have the opportunity to **personify** the value of compassion; **develop** more competencies to advance the profession; **improve** communications to promote the public health and better serve patients; and *learn* techniques to aid the healing process. We ask everyone to grow or begin your financial support to the significant work of ANF today.

Margarete L. Zalon, PhD, RN, ACNS-BC President



Linda J. Stierle, MSN, RN, NEA-BC Chief Executive Officer



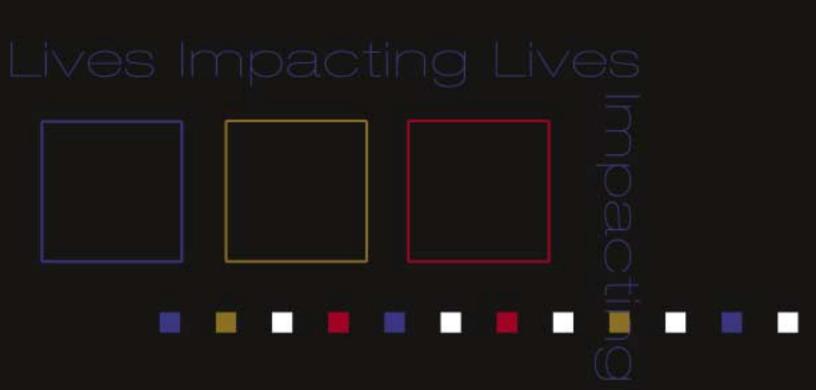
Holly A. Blackledge

Director



Mission a four pedual Statement

ANF is the charitable and philanthropic arm of ANA, supporting ANA and its work to promote the welfare and well being of nurses, and advance the nursing profession, thereby enhancing the health of the public.



Your Impact on Lives Donations@Work

Contributions made to ANF impact lives daily through the research and results of the ANF Scholars and through grant partnerships.



Marla J. Weston, PhD, RN, ANF Scholar

"The ANF grant aided in my examination of variables that enable or constrain control over nursing practice. My subsequent work has focused on concept analysis and review of instrumentation related to autonomy and control over nursing practice." Weston's current research is a qualitative study examining the process for increasing nurse satisfaction and professional practice.

Weston's nursing research career has led her to a career in nurse leadership exemplified by her commitment to advancing the nursing profession. In 2009, Dr. Weston will begin her tenure as chief executive officer of ANA/ANF. Prior to joining the enterprise, Weston served in leadership positions including deputy chief officer of the Workforce Management and Consulting Office at the Department of Veterans Affairs in Washington,

D.C.; program director, workforce development, Office of Nursing Services, at the Department of Veterans Affairs, where she was responsible for improving the overall work environment for VA nurses, retaining and rewarding a skilled workforce, and improving the image of nursing while promoting nursing as an attractive career choice through collaboration with external partners; and executive director at the Arizona Nurses Association, a constituent member association of ANA.



Vicki Hines-Martin, PhD, CNS, RN, FAAN, ANF Scholar

"The grant not only provided essential support for my doctoral dissertation, it also validated the importance of understanding cultural perspectives on how clients and their families view health. Being an ANF grant recipient functioned as a foundation for my program of research supported by such entities as NINR and NIDDK, my teaching with graduates and undergraduate students, publications and the development of my multicultural health information web site, www.colorofhealth.org."

Dr. Hines-Martin is pleased to see her career come full circle by supporting future researchers through her service on the Nursing Research Grants Reviewer committee (NRGR).

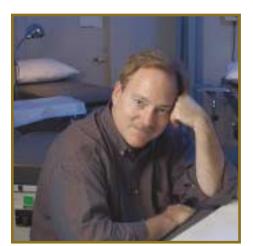


M. Katherine Hutchinson, PhD, RN, FAAN, ANF Scholar

"One of my first research awards was a \$3,500 grant from ANF for my study, 'Sexual Risk Perceptions and Protective Strategies of Hispanic/Latina Young Women.' That early funding was critical in launching my research trajectory and developing the track record needed for federal funding."

"Beyond my early ANF funding, it has been a privilege to be involved with ANF for a 3-year term as a NRRC member and to be able to play a role in promoting the development of the next generation of nurse researchers."

Kathy Hutchinson's research focuses on family influences of adolescent sexual risk and other risk behaviors and family-based risk reduction interventions. She is currently testing a mother-daughter HIV risk reduction intervention in Kingston, Jamaica.



Graham J. McDougall, Jr., PhD, APRN-BC, FAAN, ANF Scholar

"The American Nurses Foundation has been an instrumental component of both funding and recognition for my 20-year program of cognitive aging research. My program of research is inextricably bound to ANF and NIH. Funding through these entities provide crucial sources of funding at critical points of development for serious research in the nursing profession."

In 1990, McDougall's doctoral proposal, "Metamemory Knowledge as a Cue to Act in Older Adults", received the Lucille Joel Fund Scholar award. In 1991, as an assistant professor at Case Western Reserve University's Frances Payne Bolton School of Nursing, NIMH awarded him three years of additional funding to continue his research program.

At the beginning of his intervention research in 1996, the Germaine S. Krysan, RN, Scholar funded his study "Mnemonic Training to Improve Self-Efficacy in Cognitively Impaired Older Adults." NINR continued to support his research as he developed the Cognitive Behavior Model of Everyday Memory. After moving to The University of Texas at Austin, the NIA funded a five-year R01 at \$2.4 million to test the intervention model in a large scale randomized clinical trial from 2001-2006.

McDougall also proudly serves on the ANF Nursing Research Review Committee (NRRC).



Patricia Flannery Pearce, MPH, PhD, FNP-BC ANF Scholar

"Receiving an ANF grant during my PhD studies was a powerful experience. Knowing the reviewers thought my proposed study had merit boosted my confidence as a PhD student to do the research. And the funding was sufficient to complete my initial study in exploring middle school adolescents' understanding of physical activity and working with the adolescents to design the Children's Computerized Physical Activity Reporter (CCPAR). This foundational research catapulted me into successful intramural and extramural funding, which established psychometrics for the CCPAR, and furthered our understanding of physical activity. Currently I am developing interventional research related to physical activity and underserved middle-school adolescents, and am utilizing the CCPAR within that research."

Pearce is honored to serve on the Nursing Research Review Committee (NRRC).

Your Impact on Lives



Mary Evans, PhD, RN, FAAN

"The Scholar-in-Residence position is an exceptional opportunity to learn about the IOM and to be involved with various projects that are underway there, as well as to conduct original research related to the mission of the IOM. It is also a great way to learn more about health policy and the challenges of health care reform."

Evans is a child mental health services researcher. Her position at the University of South Florida is Distinguished University Health Professor and Associate Dean for Research and Doctoral Programs in the College of Nursing. During 2008-2009 Evans was the American Nurses Foundation (ANF)/American Academy of Nursing (AAN) Scholar-in-Residence at the Institute of Medicine (IOM) where she

had the opportunity to receive orientation with the Robert Wood Johnson Health Policy Fellows and work with the Board on Children, Youth, and Families. While at the IOM, Evans conducted a research project on the barriers and facilitators to implementation of the recommendations from an IOM report on prevention of mental, emotional, and behavioral disorders in youth.

IOM/ANF/AAN Scholar-in-Residence Program

This Scholar-in-Residence program provides a year-long leadership opportunity in health policy at the Institute of Medicine (IOM). The American Nurses Foundation (ANF) and the American Academy of Nursing (AAN), in partnership with the IOM, support this program. It is designed as an immersion experience to facilitate nurse leaders engaging in a prominent role in health policy development at the national level.

Most Recent IOM/ANF/AAN Scholars

- Mary E. Evans, PhD, RN, FAAN (2008)
 - Mental health
- Carolyn Williams, PhD, RN, FAAN (2007)
 - Collaboration among health care professionals
- Ada Sue Hinshaw, PhD, RN, FAAN (2006)
 - Nursing research impact on policy
- Jackie Campbell, PhD, RN, FAAN (2005)
 - Violence against women
- Veronica Feeg, PhD, RN, FAAN (2004)
 - Child health
- Angela Barron McBride, PhD, RN, FAAN (2003)
 - Technology
- Bonnie Mowinski Jennings, DNSc, RN, FAAN (2002)
 - Quality and health care

Your Impact on Lives

Through tax-deductible donations...

You can lead a life that impacts lives by making a tax-deductible donation to the general fund of ANF! Donations to the general fund ensure ANF's ability to expand and increase our impact on lives!

ANF accepts general donations by check and credit card by mail, online, or by phone. Any gift may be made In Memory or In Honor of a family member or other loved one. ANF staff would be glad to assist you in choosing an appropriate commemoration for your gift in memory of someone, or in honor of an event such as a birthday, anniversary, or graduation.

HONOR A NURSE RECOGNITION PROGRAM

Whether making a donation by cash, check or credit card - consider the ANF Honor a Nurse Recognition Program, too. For a minimal donation of \$100 you can give the gift of public recognition for that special nurse in your life - contact ANF staff for current recognition announcements!



WORKPLACE GIFTS







Do you participate in workplace giving campaigns such as the United Way or the Combined Federal Campaign (CFC)? Then, you can support ANF through payroll deduction by designating

number 10550. Please contact your workplace to see when you can participate.

MATCHING GIFTS

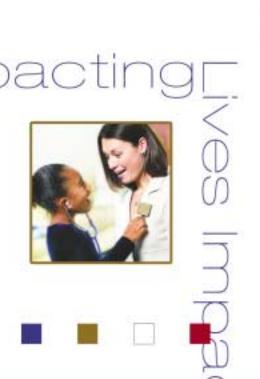
Many companies will match their employees tax-deductible donations one to one -your donation could have twice as much impact! Contact your human resources office to find out if your company has a matching gift program that could increase your support to ANF!

ONLINE DONATIONS

Go to **ANFonline.org** to make your tax-deductible donation by Visa, MasterCard, or American Express. It is quick and easy!

STOCKS AND SECURITIES

Stocks and publicly traded securities are easy to give and offer great tax advantages. You can transfer the stock to ANF easily through your broker or mail. Contact ANF at 301-628-5227 for more information or to inform us of your stock gift.



VEHICLE DONATIONS

ANF offers free, convenient service for converting that extra car, truck, boat, airplanes, or RV into a tax deductible donation benefiting ANF. You can **donate your vehicle online** or call 866-332-1778 to make your donation. Don't donate your car or truck to a charity that you have never heard of. Our trusted service makes sure your vehicle is properly handled so that you get your tax deduction and your charity, American Nurses Foundation, gets the benefit of your donation.

NURSES ROCK THE FOUNDATION CAMPAIGN

Nurses Rock at ANF! The Rock the Foundation ANF Endowment operates as a permanent savings account, providing a reliable source of income and allowing ANF to continue to offer nurses opportunities through research and education.



ANF gives nurses opportunities to conduct valuable research relating to areas such as the following:

- stress-related high blood pressure
- how diabetes can be monitored to improve the life of someone with diabetes
- stages of infant development
- alternatives to the obesity trend

Endowment contributions ensure ANF's future and benefit the foundation forever, while gifts to the Annual Fund allow ANF to focus on meeting our annual needs.

ANF LEGACY WALL

Housed at the ANA Headquarters in Silver Spring, Maryland, the ANF Legacy Wall will be viewed by nurses from around the world who are attending meetings and conferences or, who are visiting the Washington, DC, area. This inspiring display will recognize ANF donors whose contributions to the ANF Annual Fund over the course of his or her lifetime are \$10,000 or more.

Our legacy is to ensure that nurses always have the opportunity to personify the value of compassion; develop more skills to advance the profession; improve communications to promote the public health and better serve patients; and learn techniques to aid the healing process supporting the mission and work of ANF.

LEGACY LEVELS:

\$100,000 • Personal 8x10 photo

\$ 75,000 • Platinum panel

\$ 50,000 • Gold panel

\$ 25,000 • Silver panel

\$ 10,000 • Bronze panel

Pledge plans are available, contact us at 301-628-5227 or 301-628-5228.





ANF Scholars Impacting Lives

2008 ANF Nursing Research Grants Scholars

ANF celebrates the recipients of the 2008 Nursing Research Grants (NRG). The work of these respected scholars is at the heart ANF's mission in our pursuit of research and education that promotes the public health. ANF is grateful for the generosity of supporters who have made it possible to award more than \$3.5 million to over 975 beginning and experienced nurse researchers for more than 50 years.

Patricia A. Adler, PhD, RN, CNSUse of Mindful Movement in Acute Care for Older Adults Cleveland Clinic Virginia Stone, PhD, RN, FAAN/ANF Scholar

Nancy M. Albert, PhD, RN

Fat Storage (waist or hips) and Knowledge, Activity, and Sodium and Fat Diets Behaviors in Patients Cleveland Clinic Virginia Stone, PhD, RN, FAAN/ANF Scholar

Gloria J. Duke, PhD, RN

Transcultural Perspectives of End-of-Life Care
The University of Texas at Tyler
Dorothy A. Cornelius, BSN, RN, FAAN/ANF Scholar

Joyce Katherine Edmonds, MPH, RN

Social Networks and Use of Skilled Birth Attendants to Prevent Maternal Mortality Emory University Virginia Kelley, CRNA/ANA Scholar

Anna Gawlinski, DNSc, ACNP, CS, RN, FAAN

Anna Gawinski, DNSc, ACNP, CS, RN, FAAN
Comparison of High Frequency Chest Wall Oscillation
versus Chest Physiotherapy on Patients' Pain, Dyspnea
and Preference while Maintaining Lung Function among
Post-Lung Transplant Patients
University of California, Los Angeles
Nurses Charitable Trust/AORN/ANF Scholar

Stephanie Gilbertson-White, MS, RN

Symptom Clusters in Patients with Advanced Cancer Úniversity of California, San Francisco Jean E. Johnson, PhD, RN, FAAN/ANF Scholar

Jennifer Gray, PhD, RN

Initial Psychometric Évaluation of the Nurse International Relocation and Transition Questionnaire (NIRTQ)
University of Texas at Arlington
Anne Zimmerman, RN, FAAN/ANF Scholar

Katherine E. Gregory, PhD, RN Urinary Biomarkers Predicting Necrotizing Enterocolitis in Preterm Infants Boston College Council for Advancement of Nursing Science (CANS)/ANF Scholar

Laura M. Hays, PhD, RN

Objective Measurement of Physical Activity Among Adults with Pre-Diabetes Indiana University Martha E. Brill, RN/ANF Scholar

Ronald L. Hickman, Jr. PhD, RN, ACNP-BC

Decision Regret in Recipients of Automatic Internal Cardiac Defibrillators Case Western Reserve University Eleanor Lambertsen, EdD, RN, FAAN/ANF Scholar

Coretta Jenerette, PhD, RN

Successful Aging with Sickle Cell Disease II University of North Carolina at Chapel Hill Virginia Stone, PhD, RN, FAAN/ANF Scholar

Jill Kilanowski, PhD, RN, CPNP

Preferred Methods of Nutrition Education: Focus Groups with Migrant Farmworker Mothers
Case Western Reserve University
Gloria Smith, PhD, RN, FAAN/ANF Scholar

Paula Klemm, PhD, RN, OCN

Online Support for Informal Caregivers: Psychosocial University of Delaware Hildegard E. Peplau, EdD, RN, FAAN/ANF

Christine Koulouglioti, PhD, RN

Improving Young Children's Essential Routines: Test of an Intervention University of Rochester Sigma Theta Tau International (STTI)/ANF

Sharon L. Kozachik, PhD, MSN, RN

The Effects of Sleep Disruption on Paclitaxel-Induced Mechanical Hypersensitivity in Rats Johns Hopkins University Lucille V. Lukens, RN/ANF Scholar

Leanne Lefler, PhD, ACNS-BC, APN

Exploring Self-perceived Cardiac Risk in Older Black and White Women University of Arkansas for Medical Sciences at Little Řock Virginia Stone, PhD, RN, FAAN/ANF Scholar

Li-Chen Lin, MSN, RN

A Grounded Theory of Filipino Nurses' Role Performance in U.S. Hospitals University of Texas at Austin CGFNS, International/ANF Scholar

Catherine G. Ling, MN, FNP-BC Stepping Forward: Pedometers and People with Class III Obesity Medical University of South Carolina Southern Nursing Research Society (SNRS)/ANF Scholar

Victoria Wochna Loerzel, PhD, RN, OCN

Older Women Surviving Breast Cancer University of Central Florida Virginia Stone, PhD, RN, FAAN/ANF Scholar

Joy Longo, DNS, MS, BSN, RN,C

Instrument Development and Psychometric Testing of a Horizontal Violence Measure Florida Atlantic University Julia Hardy, RN/ANF Scholar

Brenda Luther, MS, RN

Prevention of Overweight for Children with Physical Disabilities University of Utah Sanofi Pasteur/ ANF Scholar

Anne Chevalier McKechnie, BS, RN, IBCLC Parenting After Infant Congenital Heart Defects Diagnosis University of Wisconsin-Madison Rita K. Čhow & Yaye Togaski-Breitenbach/ ANF Scholar

Francess Nelson, MSN, RN

Frequency, Severity & Distress of Dialysis-related Symptoms reported by Patients on Hemodialysis
University of Texas Health Science Center at Houston Mary Elizabeth Carnegie, DPA, MA, RN, FAAN/ANF Scholar

Cynthia L. Renn, PhD, RN

A New Model of Paclitaxel-Induced Allodynia in Mice with Solid Tumor Cancer University of Maryland Southern Nursing Research Society (SNRS)/ANF Scholar

Martha M. Scheckel. PhD, RN

Waltua M. Scheckel. Fill, RN
Understanding the Experiences of Patient Education in
Rural Hospitals: A Phenomenological Study
Winona State University
Julia Hardy, RN/ANF Scholar

Valmi D. Sousa, PhD, APRN,BC

An Instrument to Measure Perception of Risk Factors University of Kansas Medical Center Midwest Nursing Research Society (MNRS)/ANF Scholar

Jaynell Stichler, DNSc, RN, FACHE

Understanding Workplace Stress Experience by Nurse Managers San Diego State University Sayre Memorial Fund/ANF Scholar

Elizabeth A. Swanson, PhD, RN

Comparison of Selected Outcomes Based on Teaching Strategies that Promote Active Learning University of Iowa Dorothy E. Reilly, EdD, RN, FAAN/ANF Scholar

Noreen Thompson, MSN, RN, ARNP,BC Non-Epileptic Seizures: Support and Education at the Time of Diagnostic Disclosure University of Kansas Hospital Cerner Corporation/ANF Scholar

Roxanne Vandermause, MS, RN

Women and Methamphetamine: Portraits of Addiction and Recovery Washington State University ANA Presidential/ANF Scholar

Barbara Mann Wall, PhD, MA, MS, BS

When Disaster Strikes: Nurses on the Front Lines 1900-2001 University of Pennsylvania Eastern Nursing Research Society (ENRS)/ANF Scholar

Allison R. Webel, BSN, RN

Testing a Peer-Based Symptom Management Intervention in Women with HIV/AIDS University of California at San Francisco Western Institute of Nursing/ANF Scholar

Wendy L. Woith, PhD, RN Health Care Workers Knowledge of Tuberculosis and Infection Control in Russia Mennonite College of Nursing at Illinois State University Virginia S. Cleland, PhD, RN, FAAN/ANF Scholar

Completed 2008 Grants

Congratulating ANF Nursing Research Scholars

Upon completion of research, ANF Scholars are required to submit an abstract along with a final narrative report outlining the results of the research. We are proud to list below the recipients, and titles of the research grants completed in 2008. All abstracts are available for review.

Adejoke B. Ayoola, RN, MSc

Timing of Pregnancy Recognition as a Predictor of Prenatal Care Initiation and Birth Outcomes Michigan State University, East Lansing, MI Midwestern Nursing Research Society (MNRS)/ANF Scholar

Jo Azzarelo, PhD, MS

Problem Solving Skills and Strategies for Glycemic Control University of Oklahoma Health Sciences Center, Oklahoma City, OK Southern Nursing Research Society (SNRS)/ ANF Scholar

Susan A. Barnason, PhD, RN

Piloting of a Medication Education & Decision-Making (MED) Intervention for Elderly Heart Failure Home Health Care Patients University of Nebraska Medical Center, Omaha, NE Virginia Stone, PhD, RN, FAAN/ANF Scholar

Bonnie L. Callen, PhD, RN

Nutritional Risk Factors of Predictors of Weight Loss I Community Dwelling Elders The University of Tennessee, Knoxville, TN Southern Nursing Research Society (SNRS)/ ANF Scholar

Cathy L. Campbell, PhD, APRN-BC

Factors influencing end of life decision making by Elderly African-Americans University of Virginia, Charlottesville, VA Gloria Smith, RN/ANF Scholar

Maureen Campesino, PhD, RN, PsyNP

Exploring Perceived Racial/Ethnic Discrimination in Cancer Care Delivery among Elderly Mexican Americans Arizona State University, Tempe, AZ American Nurses Association (ANA) Presidential/ANF Scholar

Bashira A. Charles, MSN, RN

Genes, Implicated in Time to Onset and Severity of Diabetic Retinopathy University of Pittsburgh, Pittsburgh, PA Eastern Nursing Research Society (ENRS)/ ANF Scholar

Maren J. Coffman, PhD, RN

Development and Testing of the Nutritional Literacy Scale University of North Carolina at Charlotte, Charlotte, NC American Nurses Association (ANA) Presidential/ANF Scholar

Phillips J. Craig, PhD, LLM, ARNP, RN, PMHCNS-BC, ACRN

Social Factors Influencing ART Adherence among HIV+ Black Men Florida International University, Oakland Park, FL Gloria Smith, RN/ANF Scholar

Martha Driessnack, PhD, PNP

Exploring what Children Know about Genetics University of Iowa City, Iowa City, IA Western Institute of Nursing (WIN)/ANF Scholar

Tracey A. Evanson, PhD, PHCNS-BC

Domestic Violence Victims' Perspectives of Community Health Nurses' University of North Dakota, Grand Forks, ND Virginia Kelley, CRNA/ANF Scholar

Anne Fitzpatrick, PhD, RN, CPNP

Glutathione Homeostasis in Children with Severe Asthma Emory University, Atlanta, GA Lucille V. Lukens, RN/ANF Scholar

Cynthia Fritschi, PhD, RN, CDE

Fatigue, Exercise and Diabetes University of Illinois at Chicago, Chicago, IL Virginia Kelley, CNRA/ANF Scholar

Carmen Giurgescu, PhD, RN, WHNP

Comparison of Prenatal Coping Strategies, Cortisol and Cytokines between low-risk and high-risk pregnant African -American Women University of Illinois at Chicago Chicago, IL Rita Chow & Yaye Togaski-Breitenbach/ ANF Scholar

Hsueh-Fen (Sabrina) Kao, PhD, RN

Family Caregiving for Mexican American Older Adults University of North Carolina at Chapel Hill Chapel Hill, NC Virginia Stone, PhD, RN, FAAN/ANF Scholar

Peggy Kerr, PhD, RN

Risk Factors Associated with Patient
Outcomes of Older Adults
The University of Iowa
Iowa City, IA
Midwest Nursing Research Society (MNRS)/
ANF Scholar

M. Cynthia Logsdon, DNS, ARNP

Role Functioning in Adolescents with Postpartum Depression University of Louisville Louisville, KY Hildegard E. Peplau, RN/ANF Scholar

Leigh McGraw, MSN, BSN

Comparison of Cardiovascular Risk Factors in Deployed Military Personnel University of California at San Francisco San Francisco Sayre Memorial Fund/ANF Scholar

Mary Kay Mortimer, PhD, RN

A Brief Intervention to Improve Illness Perception and Medication Adherence in Hypertensive Older Black Females Texas A & M University Corpus Christi Corpus Christi, TX

Gloria Smith, RN/ANF Scholar Kathleen A. Mussatto, MSN, RN

Family Stress, Coping and Outcomes Following the Diagnosis of Hypoplastic Left Heart Syndrome (HLHS) in a Newborn Children's Hospital of Wisconsin Milwaukee, WI Dorothy Cornelius, RN/ANF Scholar

Leli W. Pedro, DNSc, RN

Health Related Quality of Life Rural Cancer Survivors: The Colorado Experience University of Colorado at Denver and Health Sciences Center Denver, CO Western Institute of Nursing (WIN)/ ANF Scholar

Cecelia I. Roscigno, MN, PHC, RN, CNRN

Children's Experiences Following Traumatic Brain Injury University of Washington Seattle, WA Martha E. Brill, RN/ANF Scholar

Susan Tullai-McGinness, PhD, MSN, MPA, BSN, AD

Characteristics of Work Environments in Quality Medicare-Certified Home Health Care Agencies Case Western Reserve University Cleveland, OH Julia Hardy, RN.ANF Scholar

Lichuan Ye, PhD, RN

Gender Differences in Baseline Functional Status and response to Continuous Positive Airway Pressure in Milder Obstructive Sleep Apnea The University of Pennsylvania Philadelphia, PA Eleanor Lambertson, RN/ANF Scholar



Est. 1955

Nursing Research Review Committee

In 2008, the ANF Nursing Research Review Committee (NRRC) held its second successful two-day conference call. As in the past, the NRRC reviewed the applications and awarded 27 grants to beginning and experienced nurse researchers. ANF applauds the members of the NRRC who made this process seamless. Their expertise adds to the prestige of the ANF Scholarship.

Patricia Liehr, PhD, RN, *Chair*Linda Chlan, PhD, RN, *Vice Chair*Mara M. Baun, DNSc, RN, FAAN
Anne Turner-Henson, DSN, RN
M. Katherine Hutchinson, PhD, RN, FAAN
Katherine Jones, PhD, RN, FAAN

Zhen Lin, PhD, MS, RN Graham J. McDougall, Jr., PhD, APRN,BC, FAAN Patricia Flannery Pearce, PhD, MPH, FNP-BC Rita Pickler, PhD, RN, PNP, FAAN Kathleen M. Russell, DNS, RN Julie Zerwic, PhD, RN, FAAN

Lives



Patricia Liehr, PhD, RN CHAIR



Linda Chlan, PhD, RN Vice Chair

Nursing Research Grants Reviewers

The Nursing Research Grants (NRG) Program's expanded committee of reviewers gives ANF the opportunity to have each application reviewed by three experts in all areas nursing research. ANF thanks the NRGR members who have added depth to the NRG process.

Elaine J. Amella, PhD, APRN, BC, FAAN Dee Baldwin, PhD, RN, FAAN Lisa Bernardo, PhD, MPH, RN, HFI Judith Berg, PhD, RNC, WHNP, FAAN, FAANP Carol Boswell, EdD, RN, CNE, ANEF Jeanne Cimiotti, DNSc, CRNP Catherine S. Cole, PhD, ACNS-BC Linda L. Costa, PhD, RN, CNAA, BC Neva L. Crogan, PhD, GCNS-BC, GNP-BC, **FNGNA** Jacqueline Dienemann, PhD, RN, CNAA, FAAN Heidi Donovan, PhD, RN Susan G. Dorsey, PhD, RN Jeri Dunkin, PhD, RN Joellen B. Edwards, PhD, RN Jennifer Elder, PhD, RN, FAAN Caroline Ellermann, PhD, RN Valerie S. Eschiti, PhD, RN, CHTP, AHN-BC Jane Flanagan, PhD, APRN,BC Eileen R. Fowles, PhD, RNC Lorraine Frazier, PhD. MS. RN Robin D. Froman, PhD, RN, MA, MSN, FAAN Jeanne Geiger Brown, PhD, RN Elizabeth Gonzalez, PhD, APRN-BC Janice Goodman, PhD, PMHCNS-BC Tracie Harrison, PhD, RN

Carrie Harvey, PhD, ACNP-BC Loretta Heuer, PhD, RN, FAAN Vicki Hines-Martin, PhD, RN, FAAN Cynthia R. King, PhD, NP, MSN, RN, FAAN Susan Letvak, PhD, RN Jacqueline M. McGrath, PhD, RN, FNAP, FAAN Elnora Mendias, PhD, RN, FNP-BC Karen H. Morin, DSN, RN Eun-Shim Nahm, PhD, RN Houng Que Nguyen, PhD, RN Hyekyun Rhee, PhD, PNP-BC Marycarol Rossignol, DNSc, RN Catherine Ryan, PhD, RN, APN, CCRN, FAHA Nelma Schearer, PhD, RN Karen H. Sousa, PhD, RN Nancy Stephenson, PhD, RN, CS Susan Swider, PhD, RNC Sunghee Tak, PhD, MPH, RN Ruth M. Tappen, EdD, RN, FAAN Donna Scott Tilley, PhD, RN, CNE Pao-Feng Tsai, PhD, RN Joachim Voss, PhD, RN Nancy L Waltman, PhD, ANP Benita Walton - Moss, DNS, APRN, BC Mona Wicks, PhD, RN Kristine Williams, PhD, RN, APRN, BC Edilma L. Yearwood, PhD, APRN, BC, FAAN

Beldon Fund

In 2008, the Beldon Fund gave ANA the opportunity to engage in the following projects:

BIOMONITORING STUDY:

Physicians for Social Responsibility (PSR) invited ANA to participate in a campaign called "Confronting Toxics." ANA's Center for Occupational and Environmental Health (COEH), Health Care Without Harm, and the State Alliance for Federal Reform of Chemicals Policy (SAFER) states worked together with PSR to conduct a biomonitoring project. The project determined the body burden of a panel of eight chemicals by testing nurses and physicians for presence of the selected chemicals in their bodies. The chemicals tested for included triclosan, bisphenol A, polybrominated diphenylethers, pthalates, pesticides, mercury, lead, and perfluorocarbons. The campaign highlights the chemicals that health care professionals are exposed to and assists with advocacy "chemical trespass" issues.

In total, nine nurses and 11physicians were selected to be participants in the study. Participants agreed to become spokespersons on the issue of "body burden" and related chemical exposure issues. All participants received media training on chemical policy and chemical reform to prepare them for this role.

The available results of the project will be reported on May 18, 2009, at Clean Med 2009 in Chicago, Ill., during a pre-conference session entitled "Health Care Providers and Environmental Exposures: We Live and Learn."

ANA's recruitment of the nurses for this project was partially funded by the Beldon Fund.

STATE ADVOCACY MINI-GRANTS:

ANA Government Affairs (GOVA) expanded its chemical policy reform campaign by awarding mini grants to seven constituent member associations (CMAs): Ala., Conn., Del., N.J., Ore., Penn., R.I., enabling them to hire a nurse dedicated to chemicals policy issues and related activities (for example, education, outreach, and briefings). GOVA staff offers monthly conference calls as well as weekly group e-mail communications (opportunities, updates, and availability of advocacy tools) to facilitate advancement of the work in the states.

NATIONAL CONFERENCE OF STATE LEGISLATORS (NCSL)

GOVA staff interacted with several hundred legislators and their staff, including five nurse legislators (Ind., Md, Tenn., Texas, Utah), during the annual Legislative Summit for the National Conference of State Legislators (NCSL) held in New Orleans from July 21 to 25, 2008. Safer toys legislation was a major focus of the ANA exhibit booth outreach and education at the meeting.

Additionally, ANA co-sponsored a breakfast briefing with the National Conference of Environmental Legislators (NCEL), "Toxics in Toys." The briefing provided an opportunity to engage legislative leadership in a chemicals policy discussion and to garner support for the introduction of a 2009 NCSL policy statement and resolution on chemicals policy reform. As part of the briefing, onsite testing for evidence of toxic chemicals in toys was conducted.

INCREASE NURSE INVOLVEMENT IN CHEMICALS POLICY REFORM

ANA has partnered with several professional nursing organizations (e.g. Health Care Without Harm Nurses Working Group) and other environmental interest groups including the following: The Campaign for Safe Cosmetics, the Environmental Health Fund, Earthjustice, OMB Watch, and Mercury Policy Project, in various sign-on letters to campaigns/issues supported by the 2006 HOD Chemicals Policy and 2008 Food Safety resolutions (e.g. Campaign for Safer Cosmetics, removal of rGBH from dairy products). GOVA has also discussed chemicals policy reform efforts during presentations at professional nurses association conferences (for example, the Hispanic Nurses Association and Midwest Advanced Practice Nursing Society annual conferences). ANA is currently participating in the development of a platform for safer chemicals policy in schools, and will engage the National Association of School Nurses in the campaign.

COEH administers the RN No Harm speakers' bureau listserv. Key environmental health invitations and announcements are forwarded onto the listserv members.

Tobacco Free Nurses

ANA and ANF partnered with the Robert Wood Johnson-funded Tobacco Free Nurses Initiative. As the largest group of health care professionals, nurses have tremendous potential to effectively implement smoking cessation interventions and advance tobacco-use reduction goals proposed by Healthy People 2010. Nurses must be equipped to assist with smoking cessation, prevent tobacco-use, and promote strategies to

decrease exposure to second hand smoke.

ANA and ANF promote the mission of Tobacco Free Nurses to

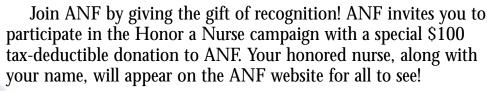


the nation's registered nurses through its constituent associations, members, and organizational affiliates. Visit TobaccoFreeNurses.org for more information about quitting!

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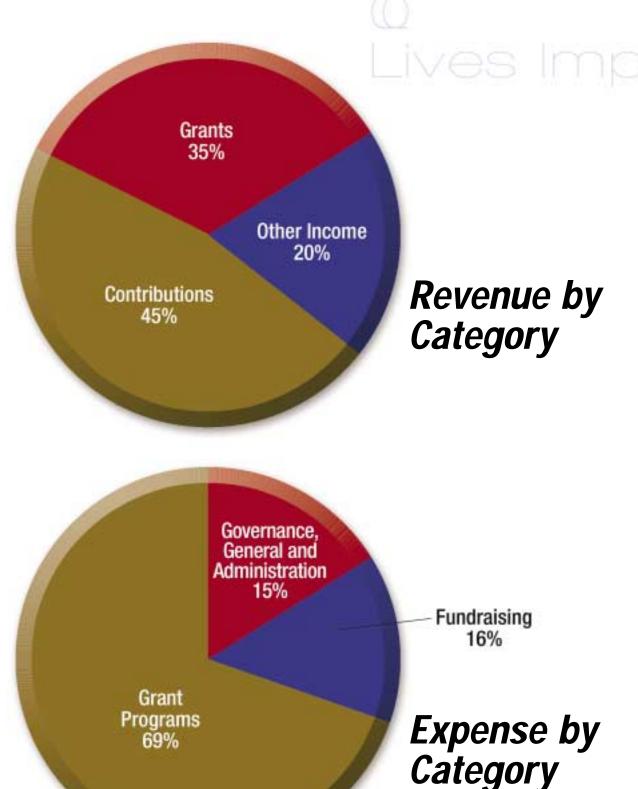
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