

Press Release

Wolters Kluwer Partners with American Nurses Foundation and Penn Nursing on Mobile PTSD Toolkit App

January 13, 2016 –[Wolters Kluwer](#), a leading global provider of information and point of care solutions for the healthcare industry, today announced the release of a mobile version of the post-traumatic stress disorder (PTSD) toolkit from the [American Nurses Foundation](#) (ANF) and the [University of Pennsylvania School of Nursing](#) (Penn Nursing). Developed by [Lippincott Solutions](#), the free mobile app is designed to help nurses and other healthcare professionals gain rapid access to trusted PTSD information to support and inform care decisions.

PTSD is a serious mental disorder resulting from exposure to direct or indirect threat of death, serious injury or physical violence, including sexual violence. According to the National Center for PTSD, part of the U.S. Department of Veterans Affairs (VA), approximately 8 million adults suffer from PTSD. It is a particularly significant mental health issue among veterans; more than 533,700 veterans with a primary or secondary diagnosis of PTSD received treatment through VA medical facilities in 2013.

“The PTSD Toolkit was designed to simplify the process of helping the nation’s veterans and military service members by making it easier for nurses and other clinicians to obtain trusted information and support tools,” said Kate Judge, Executive Director of the ANF. “A mobile version of the toolkit aligns with our mission to eliminate misinformation about PTSD and connect clinicians with the clinical references and training resources they need to make the best treatment decisions for their patients.”

Developed by ANF and Penn Nursing in response to Joining Forces, a nationwide initiative launched in 2011 by First Lady Michelle Obama and Dr. Jill Biden to support service members, veterans, and their families, the [PTSD Toolkit](#) is a self-directed e-learning program designed to teach or reinforce nurses’ knowledge about the treatment of veterans with PTSD. It includes simulation tools based on real case studies that are designed to test treatment skills and practice interventions.

“PTSD is a complex disorder that is often accompanied by other equally devastating issues such as depression, anxiety, chronic pain, relationship problems, and substance abuse that can impact timely and accurate diagnosis,” said Jayne Marks, Vice President, Publishing, Wolters Kluwer, Health Learning, Research and Practice. “The PTSD Toolkit in app form provides nurses and other clinicians who work with patients who have or may have PTSD with immediate access to reliable information and simulations to help with diagnosis and treatment.”

The app version of the toolkit streamlines clinical workflows related to the care of PTSD patients. It helps improve care quality by providing clinicians with mobile access to valuable insight into the disorder, as well as a step-by-step process for diagnosing PTSD and the ability to request additional information that can be shared with others.

The PTSD toolkit app has been enhanced with nine topics from Lippincott Solutions, including Alcohol Withdrawal Management, Reality Orientation, Suicide Precautions, Family Therapy and Depression or Hostility Monitoring and Precautions. A series of comprehensive, integrated software applications from Wolters Kluwer that helps organizations make evidence actionable at the bedside, Lippincott Solutions includes advanced online workflow technology, current evidence-based clinical information, and professional development tools for the practicing nurse.

Available for Android™ and iOS platforms, the app is available for download from [Google Play](#) and the [Apple Store](#), or visit www.LippincottSolutions.com/PTSD.

About Wolters Kluwer

Wolters Kluwer is a global leader in professional information services. Professionals in the areas of legal, business, tax, accounting, finance, audit, risk, compliance and healthcare rely on Wolters Kluwer's market leading information-enabled tools and software solutions to manage their business efficiently, deliver results to their clients, and succeed in an ever more dynamic world.

Wolters Kluwer reported 2014 annual revenues of €3.7 billion. The group serves customers in over 170 countries, and employs over 19,000 people worldwide. The company is headquartered in Alphen aan den Rijn, the Netherlands. Wolters Kluwer shares are listed on Euronext Amsterdam (WKL) and are included in the AEX and Euronext 100 indices. Wolters Kluwer has a sponsored Level 1 American Depository Receipt program. The ADRs are traded on the over-the-counter market in the U.S. (WTKWY).

Wolters Kluwer Health is a leading global provider of information and point of care solutions for the healthcare industry. For more information about our products and organization, visit www.wolterskluwerhealth.com, follow [@WKHealth](#) or [@Wolters_Kluwer](#) on Twitter, like us on [Facebook](#), follow us on [LinkedIn](#), or follow WoltersKluwerComms on [YouTube](#).

About the American Nurses Foundation

The [American Nurses Foundation](#) (ANF) is the charitable and philanthropic arm of the [American Nurses Association](#) (ANA), the only full-service professional organization representing the interests of the nation's 3.4 million registered nurses through its constituent and state nurses associations and its organizational affiliates. The Foundation supports programs that transform the nation's health through the power of nursing.

About The University of Pennsylvania School of Nursing

The [University of Pennsylvania School of Nursing](#) is one of the world's leading schools of nursing and is ranked the #1 graduate nursing school in the United States by U.S. News & World Report. Penn Nursing is consistently among the nation's top recipients of nursing research funding from the National Institutes of Health and prepares nurse scientists and nurse leaders to meet the health needs of a global society through research, education, and practice.

For more information about Penn Nursing, visit www.nursing.upenn.edu, follow [@PennNursing](#) and [@PennNursingDean](#) on Twitter, like us on [Facebook](#) and [Instagram](#), and follow us on [LinkedIn](#).

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