



## THE GUTSY INNOVATOR

guts-y: showing courage, determination and spirit

We're THE newsletter obsessed with activating the creative spirit of nurses to transform health care.

**August 2022**

Hi Nurse Innovator,

August marks the end of summer and the beginning of school for many. This month, we would like to highlight and honor our nursing students across the United States. With so much focus on nursing burnout and shortages, we are encouraged by student nurses who have chosen a profession of service and care. The [National Student Nurses' Association](#)'s tag line is Insight, Inspiration, and Ingenuity. These terms align with our goal of creating Gutsy Nurses.

Our ANA Innovation Platform is created to expand the voice and opportunities for nurse-led innovation. We are committed to partnering with nursing students to create a vision and support for their nursing practice. Many nursing schools are incorporating a design and innovation curriculum within the academic setting. Check out our [Schools of Nursing Innovation Resources](#) to see how nursing schools are elevating innovation across the learning environment. Becoming a Gutsy Nurse should start the first day of class. Let's lean into our new nurses to support, listen to, and encourage them to bring their ideas and solutions to the table.

Keep Being Gutsy, Ori + Lois



## It's Time to Apply!

Why not start now and apply for the [2023 Innovation Awards](#), sponsored by [Stryker](#). You could win a \$25,000 individual award or a \$50,000 team award. Innovation comes in all forms and surely yours fits into one of our categories – care delivery models, medical device or product, educational interventions, new business/program/service, research, or technology.

Would you like to know more about the application process? We are hosting [monthly office hours](#) through October to answer any questions you may have. No registration required. Just pop onto the call as your schedule permits.

[Learn More and Apply Today](#)

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## Congratulations to 2022 NursePitch™ Winners!

On July 13, nurses from across the country brought their bold ideas for health and health care forward as they competed in the virtual NursePitch™ event. Standout pitches came from Elizabeth Johnson, PhD, RN, MS-CRM; Pamela Cacchione, PhD, CRNP, BC, FGSA, FAAN; Ryan Speidel, MSN, MBA, RN, NE-BC; and Amy Felix, MSN, RN, CRNP.



[Read About the Winners](#)

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**September ANA Innovation Lounge**

# ANA INNOVATION LOUNGE

## VIRTUAL EVENT

Nurse Innovators, Creators,  
and Experts Talk Innovation  
in Health Care

Wednesday - September 14, 2022 6:00 p.m. - 7:30 p.m. ET



Don't forget to sign up for the September 14, Innovation Lounge focused on [Designing Whole Person Care](#). Meet Advanced Practice Nurse Kevin Smith, DNP, FNP, FAANP the Chief Nurse Practitioner Officer and Founder of the Good Clinic. We'll be chatting about how they are redesigning primary care and their expansion plans! Free and open to all!

[Register for Free Today!](#)

## Nurse Utilizes Innovation to Create a Health Equity Media Outlet



What do you get when you combine a love of writing with a love of managed care? For Michelle Rhodes, MHS, RN, CMCN it was the creation of *The Color of Wellness* magazine.

[Read the Blog](#)

## A New See You Now Podcast Bundle with Free CNE

Need some CNE? We've got you covered with our NEW [See You Now podcast bundle](#). Listen to and reflect on how nurses are innovating to address mental health issues. Earn 4 CNE credits for listening to these

## NEW SEE YOU NOW PODCAST BUNDLE



ANA

**SEE  
YOU  
NOW**

Four New Informative Episodes Focused on Mental Health:

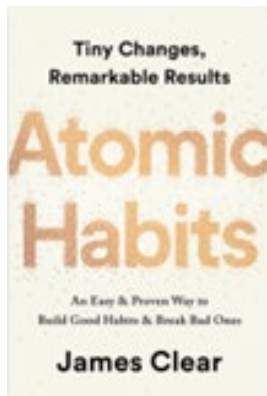
- Pause for a Moment
- Charting a New Path for Mental Wellness
- Reporting Powers: Leading with Love
- Sending Out An S.O.S.

Listen, Learn and Earn FREE CNE Credit Hours.

empowering stories: Pause for a Moment, Charting a New Path for Mental Wellness, Reporting Powers: Leading with Love, and Sending Out an SOS.

**Listen to Bundle #2 and Earn 4 CNE Credits**

## Innovation Books We Love!



[Atomic Habits](#) – James Clear

According to Clear, “small habits and little choices are transforming us every day.” Written by a recognized world expert on habit formation, this book will help you understand your behaviors, give you tools to break bad habits, and suggest how you can put new ideas into daily practice.

## Caregiver Stories by Stryker

Over the past three years, [Stryker](#) – a long-time partner and sponsor of the ANA Innovation Awards – has been shining a light on some of the most extraordinary nurses around the country. Its docu-style video series, Caregiver Stories, features incredible accounts of selflessness and resilience. [Take a look](#), and nominate a superhero in scrubs like Klisa, James, Pam, or Judy. Your nominee might be featured in Stryker’s next video. Stryker will make a nominal donation to a nonprofit of the featured nurse’s choice that aligns with his or her story. Act quickly – the deadline is August 31!

**Find More Information about Caregiver Stories**

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## ICYMI

Feeling a little stuck? Listen to our Gutsy Nurse Innovator [playlists](#) on Spotify. There truly is something for everyone! And if we've missed a song that needs to be included, let us know at: [\[email protected\]](#).



“Gutsy Nurse  
Innovator”  
Playlists!



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***“I never lose. I either win or I learn.”***

- Nelson Mandela



**Share with a friend.**

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