Test Content Outline
Effective Date: December 16, 2019

Nursing Case Management
Board Certification Examination

There are 150 questions on this examination. Of these, 125 are scored questions and 25 are pretest questions that are not scored. Pretest questions are used to determine how well these questions will perform before they are used on the scored portion of the examination. The pretest questions cannot be distinguished from those that will be scored, so it is important for a candidate to answer all questions. A candidate's score, however, is based solely on the 125 scored questions. Performance on pretest questions does not affect a candidate's score.

This test content outline identifies the areas that are included on the examination. The percentage and number of questions in each of the major categories of the scored portion of the examination are also shown. *Note: The examples in parentheses are not all inclusive and do not indicate importance.*

<table>
<thead>
<tr>
<th>Category</th>
<th>Content Domain</th>
<th>Number of Questions</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Professional Foundation</td>
<td>25</td>
<td>20%</td>
</tr>
<tr>
<td>II</td>
<td>Care Coordination</td>
<td>37</td>
<td>30%</td>
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<tr>
<td>III</td>
<td>Quality Management</td>
<td>38</td>
<td>30%</td>
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<tr>
<td>IV</td>
<td>Health Promotion</td>
<td>25</td>
<td>20%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td><strong>125</strong></td>
<td><strong>100%</strong></td>
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### I Professional Foundation

A. Knowledge
   1. ANA Code of Ethics for Nurses with Interpretive Statements
   2. CMSA Standards of Practice for Case Management
   3. Concepts of nursing case management
   4. Nursing scope and standards of practice

### II Care Coordination

A. Skill
   1. Utilization management (e.g., authorizations, denials and appeals)
   2. Benefit management (e.g., payor reimbursement, cost sharing)
   3. Resource coordination (e.g., providers, community)
   4. Transition of care management (e.g., planning, facilitation, evaluation)

### III Quality Management

A. Knowledge
   1. Clinical guidelines
   2. Evidence-based practice
   3. Government health care regulations

B. Skill
   1. Data management (e.g., collection, analysis, benchmarking)
   2. Performance improvement (e.g., outcome measurement and evaluation)

### IV Health Promotion

A. Knowledge
   1. Disease management
   2. Wellness promotion

B. Skill
   1. Client education (e.g., readiness for change, motivational interviewing, health literacy)
   2. Population health initiatives (e.g., screenings, risk-reduction strategies)

Last Updated: August 2, 2018