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Report of the 2023 Professional Policy Committee

Presented by: Mary Vitullo, MBA, MSN, RN, CV-BC, PCCN, NE-BC, CLSSBB Chair, ANA Professional Policy Committee

President Mensik Kennedy and ANA Membership Assembly Representatives:

Dialogue Forum #1: Virtual Nursing as a Practice Model Innovation. This Dialogue Forum topic was submitted by Maria Brown, MSN, RN, PCCN, CNL, and Dr. Michelle Collins, DNP, APRN, CNS, ACNS-BC, NPD-BC, NEA-BC, LSSBB. Members of the Delaware Nurses Association.

Issue Overview:

Virtual acute care nursing (VACN) is a practice model innovation. Practice models with standardized nurse-to-patient ratios are a concept of the past. Even before the COVID-19 pandemic, the nursing profession was stressed in meeting staffing needs due to the nursing shortage (Cloyd & Thompson, 2020). Nursing tasks such as assessments, documentation, admissions, discharges, and patient education, in some capacity, can be completed virtually from organizational hubs or alternate locations using bidirectional audiovisual technology (Cloyd & Thompson, 2020). This innovation model improves both patient health through direct contact at the touch of a button and nurse health by alleviating the burden of the bedside nurse who is unable to complete all the assigned and unpredictable tasks that occur in a shift. Redesigning workflow through use of a VACN is a necessary practice model evolution.

Summary of Dialogue Forum Discussion:

- Many attendees spoke in favor of the recommendations as a mechanism to reduce the
 workload burden of direct care nurses with virtual care nurses engaging in surveillance,
 teaching, responding to patient and family questions. It was noted that we learned a lot
 from COVID and how virtual nursing contributed to care delivery.
- These recommendations put nursing at the table with employers and vendors who are rapidly moving into this virtual care space.
- As this work progresses, it will be necessary to identify policy safeguards so as not to contribute to unintended disparities and harm to patients and nurses. Considerations include:
 - the interplay with nurse staffing requirements,
 - o impacts on the direct care nurses providing patient care,
 - o the workload of the virtual nurse,

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- o informed consent and other ethical implications,
- consideration for those who are aging or have disabilities that may make virtual nursing challenging,
- funding and reimbursement to cover technology and nursing workforce costs, and
- o regulatory implications, such as licensure and malpractice, especially for any care that crosses state borders.
- Several attendees raised concerns about the potential use of artificial intelligence (AI) in the space of virtual nursing. Need to be clear about when AI is used versus a human being. In addition, concern was raised about nursing judgement regarding over-riding algorithms.
- Attendees spoke to the need to "get ahead of this" and that "nurses must work together
 to determine what nurses need to create a product [process] that supports nurses and
 positively impacts their workflow." Without a policy in place, ANA doesn't have a
 platform to engage in virtual nursing as a practice model. This discussion must "engage
 bedside nurses in decision making."
- One attendee noted that "there is limited evidence in this space where numerous organizations are piloting and expanding this technology."
- Multiple attendees expressed that the use of virtual nurses should be considered in addition to the direct care nurse and not a replacement for direct care nurses.
- It was noted that this is a "modality" for supporting nursing care and may not be a specific role.
- Multiple attendees noted that virtual nursing has implications beyond the acute care setting including ambulatory, case management, home health and other care settings.

Recommendations:

Based on the feedback from the Membership Assembly, the Professional Policy Committee supports adoption of the following recommendations:

The ANA, along with the Constituent, State and IMD associations

- 1. Develop a national policy that addresses standardization of virtual nursing practice and considers funding and reimbursement models.
- 2. Advocate for technology that meets nurse and patient needs.
- 3. Support data collection on virtual nursing to understand the impact on nurse and patient satisfaction, as well as patient outcomes.

Dialogue Forum #1 Background Document

- 94 Dialogue Forum #2: The Role of Nurses in Promoting Gun Safety and Preventing Violence.
- Amy McCarthy, DNP, RNC-MNN, NE-BC, Director-at-Large, and Marcus Henderson, MSN, RN,
- 96 Director-at-Large, on behalf of the ANA Board of Directors.

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Issue Overview:

Gun violence is a cross-cutting social justice issue that affects our everyday lives and disproportionately affects marginalized and minoritized communities, thus contributing to health inequities. Research has identified several social and environmental risk factors from the individual to the community level, including but not limited to exposure to violence, easy access to guns, poverty, and lack of economic opportunity and social mobility, that increase the likelihood of gun violence. These systemic social inequities are the result of a historic lack of investment in under-resourced communities, which leads to the higher rates of gun violence experienced by marginalized and minoritized communities (Center for American Progress, 2022; The Education Fund to Stop Gun Violence, 2020).

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Summary of Dialogue Forum Discussion:

- Many attendees spoke to the impact of gun violence on their personal and professional lives, as well as on their communities.
- Multiple partners were identified for collaboration including:
 - law enforcement,
 - student nurses and the student nurses association,
 - local, state, and national anti-violence and gun safety organizations and coalitions, and
 - o specialty nursing organizations.
- Multiple attendees noted the need for strong advocacy on this issue, including the importance of voting.
- The issue of mental health was raised by multiple speakers. These comments reflected the need for better funding for mental health services, including services for those individuals, families and communities that have been traumatized by violence.
- Several recommendations were made for ongoing education and training for nurses, other health care professionals, and the community.
 - Stop the bleed
 - Gun locks and safe storage
 - Emergency preparedness
- o Project Child Safe
 - Violence prevention programs for trauma centers
- o Gun buy-back programs

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- Comments were made regarding the incorporation of gun safety in nursing practice
 including, the assessment of whether guns are in the home and being safely stored and
 the accessibility of guns on individuals who are suicidal.
 - One attendee spoke about success related to the hospital-based violence intervention programs.

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Recommendation:

Based on the feedback from the Membership Assembly, the Professional Policy Committee supports adoption of the following recommendations:

- The ANA, along with the Constituent, State and IMD associations:
 - Advocate for meaningful legislation to address gun safety and firearm access, and
 increase funding allocated towards mental health services, gun violence and prevention
 research, prioritizing research on gun violence against health care workers and in health
 care settings.
 - 2. Endorse the American Academy of Nursing's Statement on <u>Firearm Safety and Violence</u>

 <u>Prevention</u> and update ANA's position statement, <u>Incivility</u>, <u>Bullying</u>, <u>and Workplace</u>

 <u>Violence</u>, to include gun violence and prevention in health care settings.
 - 3. Promote nursing knowledge on the relationship between gun violence and public health, the risk and protective factor of violence, evidence-based strategies to prevent violence, and the role of nurses in promoting gun safety and preventing violence, especially among children, adolescents, and young adults.

Dialogue Forum #2 Background Document

- **Dialogue Forum #3: Addressing Nursing Documentation During a Time of Crisis.** Stephanie Hoelscher, DNP, RN-BC, CHISP, CPHIMS, FHIMSS, and Serena Bumpus, DNP, RN, NEA-BC, member and chief executive officer of the Texas Nurses Association.
 - **Issue Overview:**

The discussion for the Membership Assembly will center around the need to reduce the burden of nursing documentation, particularly during a time of crisis. The COVID-19 pandemic highlighted workflow burdens across the nursing profession, and nurses have called for action to reduce documentation requirements. This aligns with the American Nurses Association's (ANA) strategic goals. Amplified patient acuity, increased nursing shortages, increased travel nursing, and the increased usage of new technologies added new workflows and documentation needs to the already burdensome requirements (Hoelscher et al., 2023a). There is a critical gap in the current ANA position on the documentation burden from an all-hazards approach related to the Crisis Standard of

Care document recommendations (ANA, 2020). The discussion will focus on policy change needs, findings around methods for documentation reduction, and the need for national consensus on the future of nursing documentation expectations and requirements in times of crisis.

Summary of Dialogue Forum Discussion:

- One comment emerged regarding the need to reduce and streamline all
 documentation, not just during times of crisis or insufficient resources and a need to go
 "back to the basics." One commenter called for a return to Henderson's 14 Basic Needs
 that focus on nursing care that should be reflected in nurse documentation. It was
 noted that one of the leading causes of burnout among nurses is documentation
 burden.
- One state found that there is a need for increased collaboration with regulatory bodies
 to ensure that any documentation adopted meets the criteria set by state boards of
 nursing. Other states highlighted the need to work with the Centers for Medicare and
 Medicaid Services, The Joint Commission, and other stakeholder partners to streamline
 documentation requirements to reduce nurse burden and burnout.
- There were comments about needing to consider downtime documentation and how lack of knowledge of this type of documentation increases nurse distress, i.e., digitally native nurses are unfamiliar with paper charting.
- There were questions raised regarding the level of documentation needed to protect nurse licensure during times of litigation. Nurses need strong documentation practices to defend their licensure and livelihood.
- Other themes that emerged from the comments include the following:
 - An all-hazards approach should be implemented to take into consideration times when demand for resources exceeds resources available.
 - The amount of documentation nurses need to complete has increased over the past several decades as a result of regulatory and accreditation requirements.
- Overall, the recommendations were generally supportive and well received. There were
 no calls to change the recommendations other than expanding the definition of crisis
 documentation to include times when demand for resources exceeds available
 resources. The consensus was that nursing documentation has become rote
 documenting, "checking the boxes", and does not capture the essence of nursing.

Recommendations:

Based on the feedback from the Membership Assembly the Professional Policy Committee supports adoption of the following recommendations:

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The ANA, along with the Constituent, State and IMD associations: 206

- 1. Generate a national consensus for policy development and research to lessen the burden of nursing documentation, particularly during a crisis or emergency using an allhazards approach.
- 2. Partner with regulatory agencies and stakeholders to review current documentation standards and revise policies that reflect a national standard for crisis documentation, specifically for nursing.
- **Dialogue Forum #3 Background Document**

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