

ANA  ENTERPRISE  
INNOVATION



## THE GUTSY INNOVATOR

gutsy: showing courage, determination and spirit

We're THE newsletter obsessed with activating the creative spirit of nurses to transform health care.

**January 2023**

Happy New Year!

Our team is ready and excited to support nurse innovators in 2023. We are gearing up to ensure you have what you need to advance your ideas, create impact, collaborate with colleagues, and stay up on innovation and healthcare trends. Heads up - the ANA Innovation team will be reaching out to those who applied to the 2023 ANA Innovation Accelerator soon.

We look forward to spending the year with you.

Cheers, Ori, Lois, and Olivia

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## See You Now Podcast

Episode 81: [Making Spirits Bright](#) (Part I), Episode 82: [Making Spirits Bright](#) (Part II)

The scientific and medical communities are beginning to understand the power of art to heal trauma, manage stress, and improve well-being. Listen to expert Susan Magsamen and singer songwriter Darden Smith as they share the research and evidence on how art can change our bodies, brains, behaviors, and hearts.

Episode 80: [Health Starts with Housing](#)

In this episode, Lauran Hardin, MSN, CN, FNAP, FAAN unpacks care complexity and teaches us how care models are reducing hospital visits, improving access, decreasing costs and most importantly, supporting people, families, and communities.

Ep. 80 Health Starts with Housing

Ep. 81 Making Spirits Bright - Part 1

Ep. 82 Making Spirits Bright - Part 2

## Free See You Now Podcast CNE

Want a fun way to rack up CNE hours for license renewal? Why not leverage our free offerings? All nurses are eligible to take advantage of all four bundles for a total of **16 FREE CNE!**

**NEW SEE YOU NOW PODCAST BUNDLE**



**ANA**

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The American Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. ANA is approved by the California Board of Registered Nursing, Provider Number CEP17219.

## Innovation Blogs



### Designing for the Future

As a young nurse, Michelle Ossmann PhD, MSN didn't realize her favorite linen cart top "charting station" was a workaround. Like nurses everywhere, she did her best with what she had, and

became impressively creative with a role of tape.

[Read More](#)

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## It Doesn't Happen Overnight

In 2004, Ernesto Holguin, BSN, RN, CNN had some big, way out there, crazy “Star Trek” ideas to improve care and streamline processes. Ernesto wasn’t yet familiar with the concept of nursing innovation. A few years later, that all changed.



[Read More](#)

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## ANA INNOVATION SANDBOX

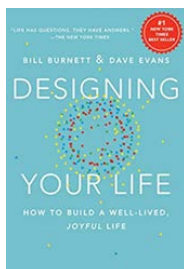
We help seed the early-stage ideas of nurses and their innovations.

Are you looking for micro-funding for an idea you want to see advanced? The ANA Innovation Sandbox provides micro-funding to nurses and pre-licensure nursing students who are trying to launch an early-stage idea. If you're ready to move from idea to action – it's time to apply!

[Learn More](#)

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## Innovation Books We Love



As you launch into the new year, consider applying design principles to your life! In [Designing Your Life](#), authors Bill Burnett and Dave Evans share how elements of design thinking can help to create meaning and impact for individuals. It doesn't matter if you are young or old, where you are in life, or what you do for a living – it's time to create what you want.

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## ICYMI

Looking for some new music to start the year? Listen to our [Gutsy Innovator playlists](#) on Spotify. There truly is something for everyone. And if we've missed a song that needs to be included, let us know at [innovation@ana.org](mailto:innovation@ana.org).



"Gutsy Nurse Innovator" Playlists!



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## Innovation Funding

The Rita and Alex Hillman Foundation announced their 2023 innovation funding opportunities. The [HEI](#) and [HSEI](#) programs – which provide multiple \$50,000, 12–18-month grants – seek proposals for innovative, early stage (untested or minimal-evidence), nursing-driven interventions that will improve the health and healthcare of marginalized populations. As many as ten \$50,000 grants will be awarded. [Learn More](#).

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## Innovation Research

Are you a nurse that has participated in an innovation, human-centered design, or design thinking activity, course, fellowship, workshop, lecture, or any other innovation event in the last three years? If so, please consider completing this [short survey](#) as a part of dissertation work being performed by Marion Leary, RN, MSN, MP at the University of Pennsylvania School of Nursing entitled: Examining the Innovativeness of Nurses.

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**“All glory comes from daring to begin.”**

**-Ruskin Bond**

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