HEALTHY NURSE, HEALTHY NATION™

Leading the way to better health

Nurses are among the most knowledgeable health experts available, but they consistently score lower on a variety of health metrics than the broader population. To become even better caregivers, nurses need to improve their own health. The Healthy Nurse, Healthy Nation™ (HNHN) Grand Challenge will help make this happen. The American Nurses Foundation and ANA Enterprise will launch this challenge in May. It’s a national movement to transform the health of the nation by improving the health of America’s 3.6 million registered nurses. HNHN will connect and engage nurses, their employers, and nursing organizations to improve nurses’ health in five key areas: physical activity, rest, nutrition, quality of life, and safety.

It’s a national movement to transform the health of the nation by improving the health of America’s 3.6 million registered nurses.

The Foundation is pleased to welcome Sage Products (now part of Stryker) as HNHN’s first corporate sponsor. “We are honored to further enhance our partnership with ANA Enterprise and support the Healthy Nurse, Healthy Nation Grand Challenge, with a specific focus on safe patient handling. Nurses are the heart of health care, and helping to prevent nursing-related injuries aligns with our mission of making health care better,” said Jeff Gorton, Senior Director of Marketing, Sage Products.
2016 Scholarships

The American Nurses Foundation provides annual scholarships to nursing students nationally through the generosity of individual donors, including author Fresenius Kabi and filmmaker Carolyn Jones, who are part of The American Nurse Project. Each dollar contributed is matched and awarded through ANA state nursing organizations. Congratulations to these recipients:

**Julia Byrne**  
University of Colorado Denver  
Colorado Nurses Foundation

**Terri DeClerck**  
Walden University  
Iowa Nurses Foundation

**Anna Caroline Edwards Burge**  
Louisiana State University Health Sciences Centers  
Louisiana State Nurses Association

**Kasey Groehe**  
Grand Canyon University  
Colorado Nurses Foundation

**Eleanor Callahan Hunt**  
Western Governors University  
North Carolina Nurses Association

**Cory Jorgensen**  
Regis University Denver  
Colorado Nurses Foundation

**Kathleen McFarlain**  
McNeese State University  
Louisiana State Nurses Association

**Dan Moore**  
University of Northern Colorado  
Colorado Nurses Foundation

**Emily Mushumi**  
Des Moines Area Community College  
Iowa Nurses Foundation

**Amy Wiley**  
University of Illinois Chicago  
ANA-Illinois

In addition, scholarship funds were awarded to:

- Gardner Foundation at the Infusion Nurses Society
- National Association of School Nurses  
- Association of periOperative Registered Nurses

For more information on The American Nurse Project, visit [americannurseproject.com](http://americannurseproject.com)

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4. Remember to shop at smile.amazon.com every time. Purchases on Amazon’s regular site do not support the Foundation. To help remember, bookmark the smile.amazon.com link.
5. Spread the word! Amazon makes it easy to share information with friends and family through Facebook and Twitter. Encourage everyone to support the American Nurses Foundation.

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Take a moment to say “Thank you” to a nurse! May 6–12 is National Nurses Week. It’s the perfect time to celebrate that exceptional nurse, friend, colleague, mentor, or educator who has touched your life! Visit [givetonursing.org/honoranurse](http://givetonursing.org/honoranurse) to honor your special nurse.
Honoring Maggie McClure

Margaret McClure, EdD, RN, FAAN—known as Maggie to her friends—is a recognized nurse leader with a long list of accomplishments. For nearly 20 years, she served as Chief Nursing Officer at NYU Langone Medical Center, where she was also Chief Operating Officer and Hospital Administrator. She was President of the American Academy of Nursing (AAN) and the American Organization of Nurse Executives. Her numerous awards include an honorary doctor of humane letters degree from Seton Hall University and an honorary doctor of laws degree from Moravian College. In 2007, AAN named her a Living Legend.

Maggie may be best known as a pioneer of the Magnet Recognition Program®, now considered the gold standard for nursing excellence. With her colleagues (Muriel A. Poulin, EdD, RN, FAAN; Margaret D. Sovie, PhD, RN, FAAN; and Mabel A. Wandelt, PhD, RN, FAAN), she conducted the research work that laid the groundwork for today’s thriving program, which includes more than 400 hospitals and health care organizations worldwide. She co-authored Magnet Hospitals: Attraction and Retention of Professional Nurses and continues to speak across the globe on the importance of evidence-based practice, nursing research, and the essential elements that make up high quality patient care. Last year, the Foundation began a conversation about how to best honor Maggie’s outstanding legacy, and the Margaret L. McClure Nursing Care Endowed Fund was created.

The Fund will support an annual research award for innovative projects that improve nursing care in clinical institutions. One hundred percent of every contribution will build the endowment in Maggie’s honor.

“I love being a nurse, every piece of it.”
Dr. Margaret L. McClure

“When I met Maggie McClure in 1992, she was ensuring that patients in New York had the best care each and every day,” said Kate Judge, the Foundation’s Executive Director. “We are so proud to carry that work forward with this new endowment created by those of us who know how much the Magnet Recognition Program has helped shape health care for the better.”

To join Maggie’s colleagues and friends who support the Magnet Recognition Program and the nation’s 3.6 million nurses, visit giverenursing.org

Care providers facing uncertain times need diverse board-level input and feedback from nurse leaders.

In the January issue of Fierce Healthcare, American Nurses Foundation board member Richard Hachten, FACHE, discussed the importance of increasing the number of nurses serving on hospital and health system boards. He and Kathryn Mershon, MSN, RN, CNAA, ANEF, FAAN, who spent many years on the Alegent Creighton Health Board and currently sits on the Kentucky Nurses Association board, shared ways in which nurses with high-level business expertise can help health system boards strengthen profitability and improve patient outcomes.

Hachten and Mershon stressed that nurses bring valuable perspective to the table, complementing that of their fellow board members. In fact, the effort to increase the number of nurses on boards spurred both Hachten and Mershon to join their respective boards.

Read the full article at fiercehealthcare.com/hospitals/hospital-impact-uncertain-times-healthcare-boards-have-even-more-reason-to-embrace-nurse
At Rocky Mountain University of Health Professions (RMUoHP) in Provo, UT, nurses provide steadfast support and devotion. While they are recognized for their daily work, RMUoHP also chooses to celebrate individual nurses during National Nurses Week (May 6-12), shining a spotlight on their accomplishments and saying thanks for the difference they make.

Last year, RMUoHP honored these “Nursing Nine” for their ongoing commitment to learning, evidence-based clinical care, professional advancement, and leadership:

- Evanna Burkett, BSN, RN
- Kindra Backman Celani, BSN, RN
- Leslie Filler, BSN, RN
- Rebecca A. Leggett, MSN, RN
- Vaniece Russon, BSN, RN
- Mimi C. Secor, MED, MS, RN
- Donna J. Stewart, BSN, RN
- Sharon Kay Dingman, BSN, MS, DNP, RN
- Anmy Mayfield, DNP, APRN, FNP-C

RMUoHP further recognized Dr. Dingman and Dr. Mayfield for their outstanding work in recruiting graduate nursing students, as well as their creative conference outreach. Both “exemplify the mission of Rocky Mountain University of Health Professions graduate nursing programs,” said school leaders. Congratulations, and thank you for your commitment and dedication!

Sage Products’ sponsorship will help highlight the importance of healthy nurses serving as role models for each other and for the patients and communities they serve.

In addition to HNHN, ANA has designated 2017 as the Year of the Healthy Nurse. Each month, ANA highlights specific health, safety, and wellness topics important not only to nurses but also to their coworkers, families, patients, and communities.

For more information about supporting these efforts, visit healthynursehealthynation.org