



Lives Impacting Lives

Mission Statement

ANF is the charitable and philanthropic arm of the American Nurses Association (ANA), supporting ANA and its work to promote the welfare and well being of nurses and advance the nursing profession, thereby enhancing the health of the public.



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Dear Friends,

We are so proud of the accomplishments of the American Nurses Foundation (ANF) in 2010. As the 501(c)3 charitable arm of the American Nurses Association (ANA), ANF was able to further research conducted by nurses through the Nursing Research Grants (NRG) program; invest in nurse leadership through the Institute of Medicine's (IOM) Nurse Scholar-in-Residence (sponsored by the American Academy of Nursing (AAN), ANF, ANA); and to assist nurses in need through the Nurses Disaster Fund. We could not have accomplished these goals without your generous support of ANF. Thanks to you, ANF's work with nurses continues to evolve and we connect with more nurses every year. We'd like to share with you some highlights from 2010 that your support has made possible.

In 2010, ANF awarded over \$198,000 in nursing research grants that expanded research into areas including patient safety, hospice and palliative nursing care, staff development for nurses, cardiovascular disease, oncology, infusion nursing, rehabilitation care, emergency care, forensic nursing science, neonatal nursing, student health and well being, nurses in AIDS care, and lessening health care disparities. Many of the nurse researchers who receive their initial funding through the ANF nursing research grants will continue to impact our lives through the results of their ongoing research.

We are also proud to acknowledge the 2010 IOM Nurse Scholar-in-Residence, Pamela Cipriano, PhD, RN, NEA-BC. The Scholar-in-Residence program is a year-long opportunity designed to engage nurse leaders in prominent roles in health policy development. Cipriano, a 1992 ANF Scholar and editor of ANA's official journal, *American Nurse Today*, will study the impact of health information technologies (HIT) on nursing workflow, patient safety, and outcomes, as well as identify the characteristics necessary to achieve team-based care with multi-disciplinary use of electronic health information. Her research will further give visibility to the role and contributions of nurses in health policy.

Finally, in the aftermath of the devastating earthquakes in Haiti in 2010, ANF witnessed your caring and generosity as you donated more than \$10,000 to our Nurses Disaster Fund. The community spirit that prevails when disasters happen is an inspiration. Nurses are individuals who have great pride in and commitment to their profession. Nurses are on the frontlines, in the face of despair, restoring well being and the human spirit. The funds donated to the Haiti Disaster Relief Fund, under the ANF Nurses Disaster Fund, were presented to the International Council of Nurses (ICN) to aid in the long-term rebuilding of the nursing infrastructure in Haiti.

We are appreciative to each and every one of our donors for who have provided ANF with the opportunity to improve the health of the public and advance the nursing profession. We thank you for helping ANF to continue to make a difference in so many lives, and we ask everyone, today, to begin or increase your financial support to the vital work of ANF.



Margaret L. Zalon

Margarete L. Zalon,
PhD, RN, ACNS-BC, FAAN
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Marla J. Weston

Marla J. Weston,
PhD, RN
Chief Executive Officer

Every year, ANF Scholars
contribute to the health
and well-being of
patients, their families,
communities, and you!

*Basira Abdullah Charles,
MSN, RN, NP, ANF Scholar*

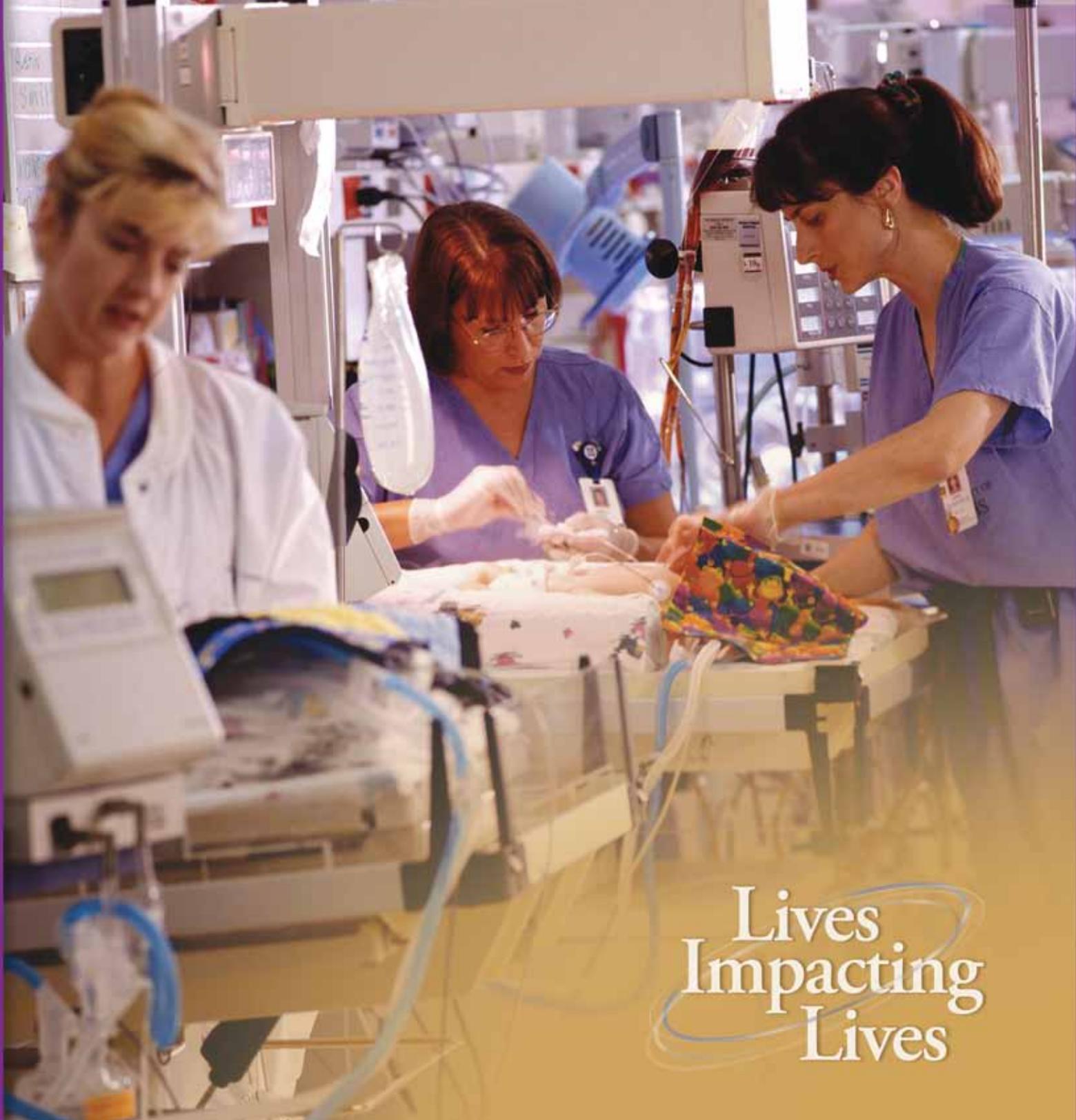


Donations from nurses like you enable ANF to impact the lives of each person you see daily, from patients to health care providers to you and your loved ones.

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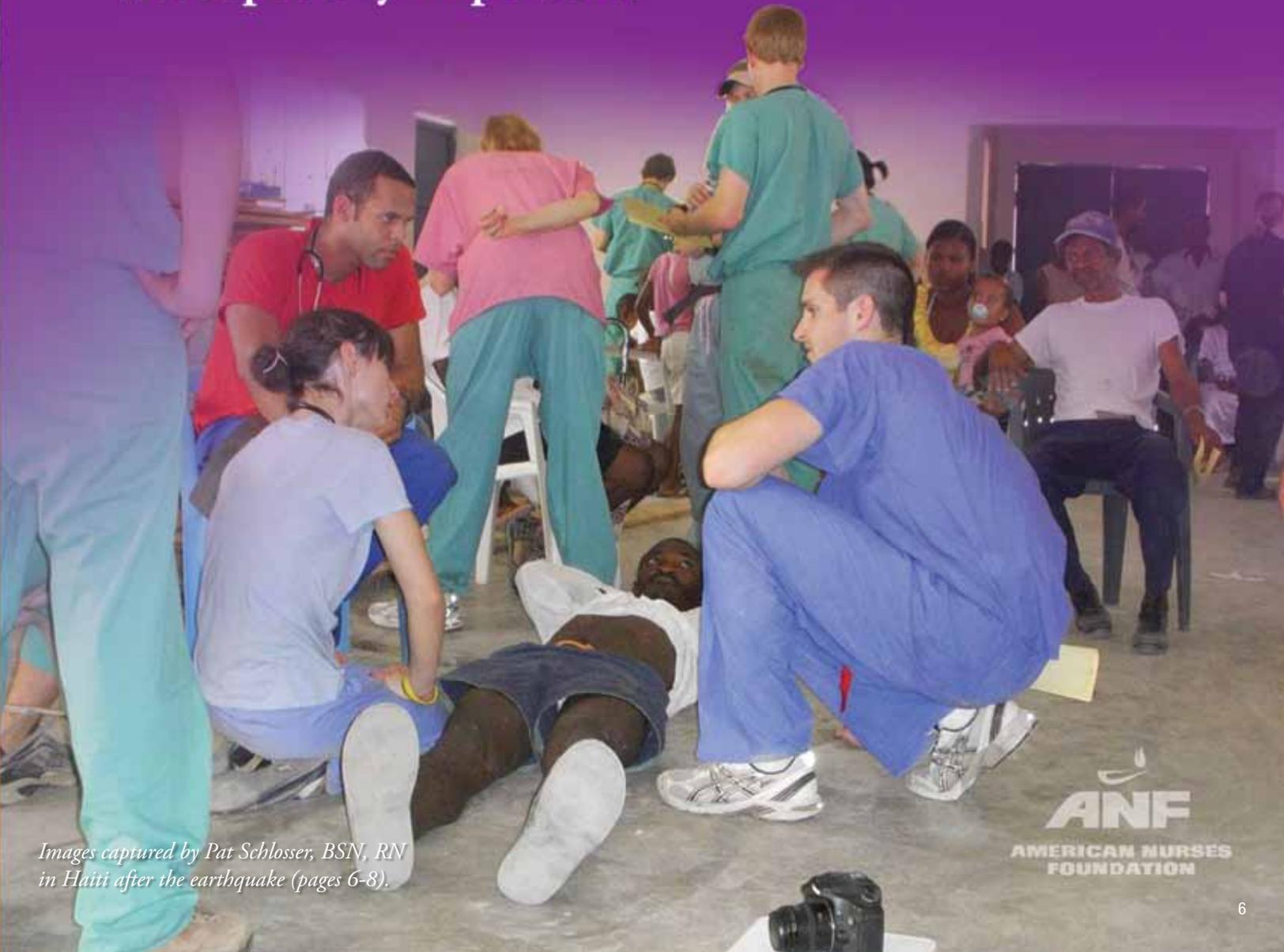


*Patricia F. Pearce, MHP, PhD,
FNP-BC, ANF Scholar with student.*



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The ANF Disaster Fund, supported by your donations, worked in disaster areas around the world in 2009-2010. Our work in Haiti was especially important.



*Images captured by Pat Schlosser, BSN, RN
in Haiti after the earthquake (pages 6-8).*

Your donations enable nurses to help the children of Haiti weather this devastating disaster and support the rebuilding of the nursing infrastructure.





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Seeding Opportunities... Growing Results.

Since 1955, your donations to ANF have provided nearly \$4 million to over 1,000 nurse researchers, ultimately enhancing health care environments and patient care and impacting many lives!



*Vicki Hines-Martin, PhD, RN,
FAAN, ANF Scholar with students.*

Only with your continued support will ANF be able to make a difference in the lives of children, patients, and the loved ones in your lives.

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*Rita Pickler, PhD, RN,
FAAN, ANF Scholar with babies.*

Your Impact on Lives *through tax-deductible donations*

You can lead a life that impacts lives by making a tax-deductible donation to ANF's annual fund. Donations to the annual fund ensure ANF's ability to expand and increase our impact on lives.

ANF accepts annual donations via check and credit card by mail, online, or by phone. Any gift may be made in memory of or in honor of a family member or other loved one. ANF staff would be glad to assist you in choosing an appropriate commemoration for your memorial gift, or in honor of an event such as a birthday, anniversary, or graduation.

Honor a Nurse Recognition Program

Whether making a donation by cash, check, or credit card, consider the ANF Honor a Nurse Recognition Program. For a minimal donation of \$100 you can give the gift of public recognition for that special nurse in your life. Contact ANF staff for current recognition announcements.



Workplace Gifts



Do you participate in workplace giving campaigns such as the United Way or the Combined Federal Campaign (CFC)? Then, you can support ANF through payroll deduction by designating number 10550 through either campaign. Please contact your workplace to see when you can participate.

Matching Gifts

Many companies will match their employees' tax-deductible donations one to one. Your donation could have twice as much impact! Contact your human resources office to find out if your company has a matching gift program that could increase your support to ANF!

Online Donations

Go to **ANFonline.org** to make your tax-deductible donation by Visa, MasterCard, or American Express. It is quick and easy!

Stocks and Securities

Stocks and publicly traded securities are easy to give and offer great tax advantages. You can transfer the stock to ANF easily through your broker or via mail. Contact ANF at (301) 628-5227 for more information or to inform us of your stock gift.

Vehicle Donations

ANF offers free, convenient service for converting that extra car, truck, boat, airplane or RV into a tax-deductible donation benefiting ANF. You can donate your vehicle online or call (866) 332-1778 to make your donation. Don't donate your car or truck to a charity that you have never heard of. Our trusted service makes sure your vehicle is properly handled so that you get your tax deduction and your charity, ANF, gets the benefit of your donation.

Nurses Rock the Foundation Campaign

Nurses Rock at ANF! The Rock the Foundation ANF Endowment operates as a permanent savings account, providing a reliable source of income and allowing ANF to continue to offer nurses opportunities through research and education. ANF gives nurses opportunities to conduct valuable research relating to areas such as the following:



- Stress-related high blood pressure
- How diabetes can be monitored to improve the life of someone with diabetes
- Stages of infant development
- Alternatives to the obesity trend

Endowment contributions ensure ANF's future and benefit the foundation forever, while gifts to the Annual Fund allow ANF to focus on meeting our annual needs.

ANF Legacy Wall

Housed at the ANA headquarters in Silver Spring, MD, the ANF Legacy Wall is viewed by nurses from around the world who attend ANA meetings and conferences or who are visiting the Washington, DC, area. This inspiring display recognizes ANF donors whose contributions to the ANF Annual Fund over the course of their lifetimes, are \$10,000 or more.

Our legacy is to ensure that nurses always have the opportunity to personify the value of compassion; develop more skills to advance the profession; improve communications to promote the public health and better serve patients; and learn techniques to aid the healing process supporting the mission and work of ANF.

Legacy Levels:

- \$100,000 • Personal 8x10 photo
- \$ 75,000 • Platinum panel
- \$ 50,000 • Gold panel
- \$ 25,000 • Silver panel
- \$ 10,000 • Bronze panel

***Pledge plans are available,
contact us at 301-628-5227.***



Applauding the 2010 ANF Scholars

The American Nurses Foundation (ANF) applauds the 2010 Nursing Research Grants (NRG) recipients. This year, ANF awarded over \$205,000 to these nurse researchers whose work to promote the health of the public is at the heart of ANF's mission. ANF is grateful for the generosity of supporters over the last 55 years who have made it possible to award over \$4 million to more than 1,000 beginning and experienced nurse researchers.

Sunny Y. Alperson, PhD, RN, FNP
Efficacy of Mindful Tai Chi Interventions in Obese and Overweight Adults: A Randomized Controlled Clinical Trial
National Institute of Nursing Research and NIH Clinical Center, Martha E. Brill, RN/ANF Scholar

Ruth Ann Belknap, PhD, RN
Interrupting and Preventing Interpersonal Violence: A Theatre Based Action Research Intervention for Latino Adolescents
Marquette University, Sanofi Pasteur/ANF Scholar

Lisa F. Brown, PhD, RN
Mothers' Attention and Preterm Infant Feeding
Virginia Commonwealth University, Academy of Neonatal Nursing (ANN)/ANF Scholar

Ellen B. Buckner, DSN, RN
Building a Statewide Infrastructure for School Nurse Research
University of South Alabama, National Association of School Nurses (NASN)/ANF Scholar

Dal Lae Chin, MSN, RN
Individual, Interpersonal, and Organizational Factors of Cigarette Smoking in Building Trades Workers
University of California, San Francisco, ANA Presidential/ANF Scholar

Kristy S. Chunta, PhD, RN, ACNS, CMC
An Interventional Study to Provide Telephone Follow-Up Support to Open Heart Surgery Patients during Recovery
Indiana University of Pennsylvania Research Institute, Rehabilitation Nurses Foundation (RNF) / Council for Advancement of Nursing Science (CANS)/ANF Scholar

Maithe Enriquez, PhD, RN
A Pilot Study to Examine the Feasibility and Impact of a Peer-Led Adherence Intervention Among Adults Who Have Previously Failed HIV Treatment
University of Missouri, Kansas City, Association of Nurses in AIDS Care (ANAC)/ANF Scholar

Janine S. Everett, MS, RN
Skin Elasticity: Explaining Health Disparity and Differences in Skin Injury Following Sexual Assault
University of Pennsylvania, International Association of Forensic Nurses (IAFN)/Emergency Nurses Association Foundation (ENAF)/ANF Scholar

Anne Fink, MS, RN, CCRN
Cytokines and Fatigue in Heart Failure
University of Illinois at Chicago, Sigma Theta Tau, International/ANF Scholar

Elena Flowers, MS, RN
MircoRNA Expression and Cardiovascular Risk Factors
University of California, San Francisco Preventive Cardiovascular Nurses Association (PCNA)/ANF Scholar

Mattia J. Gilmartin, PhD, RN
Developing a Self-Efficacy Scale for Clinical Nurse Leaders (CNL)TM
Hunter College, National Nursing Staff Development Organization (NNSDO)/ANF Scholar

Elaine C. Hardy, MS, RN
Racial Identity and African American Acculturation as Predictors of Physical Activity in Middle African American Women
University of Illinois at Chicago, Gloria Smith, PhD, RN, FAAN/ANF Scholar

Holly M. Harner, PhD, MPH, RN, WHCNP-BC, SANE
Focus Groups on the Physical and Mental Health Conditions in Incarcerated Women
University of Pennsylvania, Eastern Nursing Research Society (ENRS)/ANF Scholar

Shigeko Izumi, PhD, RN
End-of-Life Decision-Making Trajectory of Older Adults: Family Members' Perspectives
Washington State University, Hospice and Palliative Nurses Foundation (HPNF)/ANF Scholar

David M. Keepnews, PhD, JD, RN, NEA-BC, FAAN
Mandatory Influenza Vaccination: Nursing Responses and Policy Implications
Hunter – Bellevue, Anne Zimmerman, RN, FAAN/ANF Scholar

Lesly Kelly, PhD, RN
Are Patient Outcomes Better in Magnet Hospitals
University of Pennsylvania, Margretta Madden Styles Credentialing Research Grant funded by Stryker Medical, a division of the Stryker Corporation/ANF Scholar

Ellyn Matthews, PhD, RN, OCN
Motivational Enhancement to Cognitive Behavioral Therapy for Insomnia in Women after Breast Cancer Treatment
University of Colorado, Denver, Western Institute of Nursing (WIN)/ANF Scholar

Carolyn J. Murrock, PhD, RN
Identifying Obstacles of Traditional Diabetes Education to Change Dietary Habits in African American Women with Type 2 Diabetes
The University of Akron, Gloria Smith, PhD, RN, FAAN/ANF Scholar

Melissa Pinto-Foltz, PhD, RN
Electronic Self-Management Resource Training for Mental Health (eSMART-MH)
Case Western Reserve University, Midwest Nursing Research Society (MNRS)/ANF Scholar

Lusine Poghosyan, PhD, MPH, RN
Organizational Culture and Climate in Primary Care Settings: Nurse Practitioners' Perspectives
Northeastern University, Nurses Charitable Trust of Greater Miami/ANF Scholar

Valerie E. Rogers, PhD, RN
Comparative Measurement of Periodic Limb Movements in Sleep Between Polysomnography and Actigraphy in Children with Sickle Cell Disease
University of Pennsylvania, Sanofi Pasteur/ANF Scholar

Jingjing Shang, PhD, RN
Supplemental Nurse Staffing in Hospitals and Patient Outcomes
University of Pennsylvania, Council for the Advancement of Nursing Science (CANS)/ANF Scholar

AAN/ANF/ANA/IOM Nurse Scholar-in-Residence Program

Institute of Medicine (IOM) Nurse Scholar-in-Residence sponsored by American Academy of Nursing (AAN), American Nurses Foundation (ANF), and American Nurses Association (ANA). This annual scholarship funding assist outstanding nurse leaders to play a more prominent role in health policy development at the national level.

The most Recent AAN/ANF/ANA/IOM Scholars-in-Residence (as shown by year of award):

- Pamela Cipriano, PhD, RN, NEA-BC (2010) – Health Information Technology
- Julie Fairman, PhD, RN, FAAN (2009) - The History of Nursing
- Mary Evans, PhD, RN, FAAN (2008) – Child Mental Health
- Carolyn Williams, PhD, RN, FAAN (2007) - Collaboration Among Health Care Professionals
- Ada Sue Hinshaw, PhD, RN, FAAN (2006) - Nursing Research Impact on Policy
- Jacqueline C. Campbell, PhD, RN, FAAN (2005) - Violence against women
- Veronica Feeg, PhD, RN, FAAN (2004) - Child Health
- Angela Barron McBride, PhD, RN, FAAN (2003) - Technology
- Bonnie Mowinski Jennings, DNSc, RN, FAAN (2002) - Quality and Health Care

K. Susan Sifford, PhD, APN, GCNS-BC
Victims' Perceptions of Triggers of Resident-to-Resident Violence in Nursing Homes
Arkansas State University, Hildegard E. Peplau, EdD, RN, FAAN/ANF Scholar

Tanyka K. Smith, MS, RN, FNP-C
Sexual Protective Strategies and Condom Use Among Older African American Women
New York University, Mary Elizabeth Carnegie, DPA, MA, RN, FAAN/ANF Scholar

Janet Specht, PhD, RN, FAAN
Continence Promotion in Assisted Living
The University of Iowa, Virginia Stone, PhD, RN, FAAN /ANF Scholar

Angela Starkweather, PhD, CNRN
Glial Activation and Depressive Symptoms in Patients with a Primary Malignant Brain Tumor
Virginia Commonwealth University, Southern Nursing Research Society (SNRS)/ ANF Scholar

Melissa Sutherland, PhD, RN, FNP-BC
Intersection of Violence and Reproductive Health in a Sample of Women
Boston College, Gloria Smith, PhD, RN, FAAN/ANF Scholar

Meredith Troutman, PhD, PMHCNS-BC
Pilot Test of the Successful Aging Inventory in Assisted Living Communities
The University of North Carolina at Charlotte, Virginia Stone, PhD, RN, FAAN/ANF Scholar

Florence M. Weierbach, PhD, MPH, RN
Determinants of Health for Rural Caregivers
East Tennessee State University, Virginia Kelley, CRNA/ANF Scholar

Rebecca Wheeler, MA, BSN, RN
Internationally-Educated Nurses' Perceptions of Agency: Implications for Quality of Care and Nurse Retention
Emory University, The Josie King Foundation/ANF Scholar

Elizabeth Winokur, MSN, RN, CEN
Blood Culture Accuracy: Blood Discards from Venous Catheters
St. Joseph Hospital, Infusion Nurses Society (INS)/ANF Scholar

Kathryn Wood, PhD, RN
Women's Perspectives of Symptoms in Atrial Fibrillation
Duke University, Council for Advancement of Nursing Science (CANS)/ ANF Scholar

Canhua Xiao, MSN, RN
Identifying Symptom Clusters in Patient with Head and Neck Cancer Post Radiation Therapy
University of Pennsylvania, Jean E. Johnson, PhD, RN, FAAN/ANF Scholar

Celebrating ANF Nurse Research Scholars

Upon completion of research, ANF Scholars are required to submit an abstract along with a final narrative report outlining the results of their research. We are proud to list below the recipient and title of the research grants completed in 2010. For an abstract and a copy of the narrative, please contact ANF.

Bonnie S. Dean, PhD, RN
Evaluation of the Synergy Model-Simulation Appraisal Tool (SM-SAT)
Duquesne University
Anne Zimmerman, RN, FAAN/ANF Scholar

Anne Gawlinski, DNSc, RN, ACNP, CS, FAAN
Comparison of High Frequency Chest Wall Oscillation versus Chest Physiotherapy on Patients' Pain, Dyspnea and Preference while Maintaining Lung Function among Post-Lung Transplant Patients
University of California, Los Angeles
Nurses Charitable Trust of Greater Miami/ ANF Scholar

Stephanie Gilbertson-White, MS, RN
Symptom Cluster in Patients with Advanced Cancer
University of California, San Francisco
Jean E. Johnson, PhD, RN, FAAN/ANF Scholar

Gordon Lee Gillespie, PhD, RN, PHCNS-BC
Proactive Coping and Traumatic Stress Symptomatology in U. S. Emergency Nurses
University of Cincinnati
Midwest Nursing Research Society (MNRS)/ANF Scholar

Jennifer Gray, PhD, RN
Initial Psychometric Evaluation of the Nurse International Relocation and Transition Questionnaire (NIRTQ)
University of Texas at Arlington
Anne Zimmerman, RN, FAAN/ANF Scholar

Katherine E. Gregory, PhD, RN
Urinary Biomarkers Predicting Necrotizing Enterocolitis in Preterm Infants
Boston College
Council for the Advancement of Nursing Science (CANS)/ANF Scholar

Allyssa L. Harris, PhD, RN, WHNP-BC
Parental Influences of Sexual Risk Among Urban African American Adolescent Males
Boston College
Mary Elizabeth Carnegie, DPA, MA, RN, FAAN/Association of Nurses in AIDS Care (ANAC)/ANF Scholar

Laurie Beth Hartjes, PhD, RN
Development and Evaluation of an Innovative Malaria-Risk Reduction Tool for Travelers
University of Wisconsin-Madison
Sigma Theta Tau, International/Hugoton Foundation /ANF Scholar

Laura M. Hays, PhD, RN
Objective Measurement of Physical Activity Among Adults with Pre-Diabetes
Indiana University
Martha E. Brill, RN/ANF Scholar

Coretta Jenerette, PhD, RN
Successful Aging with Sickle Cell Disease II
University of North Carolina at Chapel Hill
Virginia Stone, PhD, RN, FAAN/ANF Scholar

Jill Kilanowski, PhD, RN, CPNP
Preferred Methods of Nutrition Education: Focus Groups with Migrant Farmworker Mothers
Case Western Reserve University
Gloria Smith, PhD, RN, FAAN/ANF Scholar

Sharon L. Kozachik, PhD, MSN, RN
The Effects of Sleep Disruption on Paclitaxel-Induced Mechanical Hypersensitivity in Rats
Johns Hopkins University
Lucille V. Lukens, RN/ANF Scholar

Victoria Wochna Loerzel, PhD, RN, OCN
Older Women Surviving Breast Cancer
University of Central Florida
Virginia Stone, PhD, RN, FAAN/ANF Scholar

Joy Longo, DNS, MS, BSN, RN,C
Instrument Development and Psychometric Testing of a Horizontal Violence Measure
Florida Atlantic University
Julia Hardy, RN/ANF Scholar

Anne Chevalier McKechnie, BS, RN, IBCLC
Parenting After Infant Congenital Heart Defects Diagnosis
University of Wisconsin-Madison
Chow-Togasaki-Breitenbach/ANF Scholar

Lee A. Schmidt, PhD, RN
Registered Nurses Watching Over Their Patients: Testing a Theoretical Model
Loyola University Chicago
Southern Nursing Research Society (SNRS)/ANF Scholar

Noreen Thompson, MSN, RN, ARNP,BC
Non-Epileptic Seizures: Support and Education at time of Diagnostic Disclosure
University of Kansas Hospital
Cerner Corporation/ANF Scholar

Roxanne Vandermause, PhD, RN, CARN
Women and Methamphetamine: Portraits of Addiction and Recovery
Washington State University
ANA Presidential/ANF Scholar

Barbara Mann Wall, PhD, MA, MS, BS
When Disaster Strikes: Nurses on the Front Lines 1900-2001
University of Pennsylvania
Eastern Nursing Research Society (ENRS)/ ANF Scholar



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- Academy of Neonatal Nursing (ANN)
- American Nurses Association ANA Presidential Scholar
- Association of Nurses in Aids Care (ANAC)
- Association of periOperative Registered Nurses (AORN)
- Association of Rehabilitation Nurses (ARN/RNF)
- Council for the Advancement of Nursing Science (CANS)
- Eastern Nursing Research Society (ENRS)
- Emergency Nurses Association Foundation (ENAF)
- Hospice and Palliative Nurses Foundation (HPNF)
- Infusion Nurses Society (INS)
- International Association of Forensic Nurses (IAFN)
- The Josie King Foundation
- Margretta Madden Styles, PhD, RN, FAAN Research Grant funded by Stryker Medical, a division of the Stryker Corporation
- Midwest Nursing Research Society (MNRS)
- National Association of School Nurses (NASN)
- National Nursing Staff Development Organization (NNSDO)
- Nurses Charitable Trust of Greater Miami
- Preventive Cardiovascular Nurses Association (PCNA)
- Sanofi Pasteur
- Sigma Theta Tau, International
- Gloria Smith, PhD, RN, FAAN
- Southern Nursing Research Society (SNRS)
- Western Institute of Nursing (WIN)



\$250-\$499

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\$100-\$249

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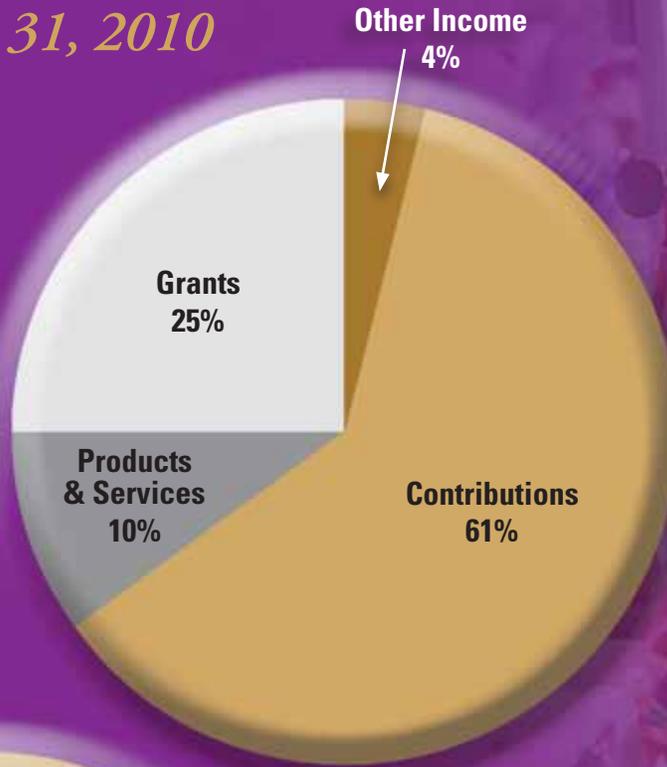


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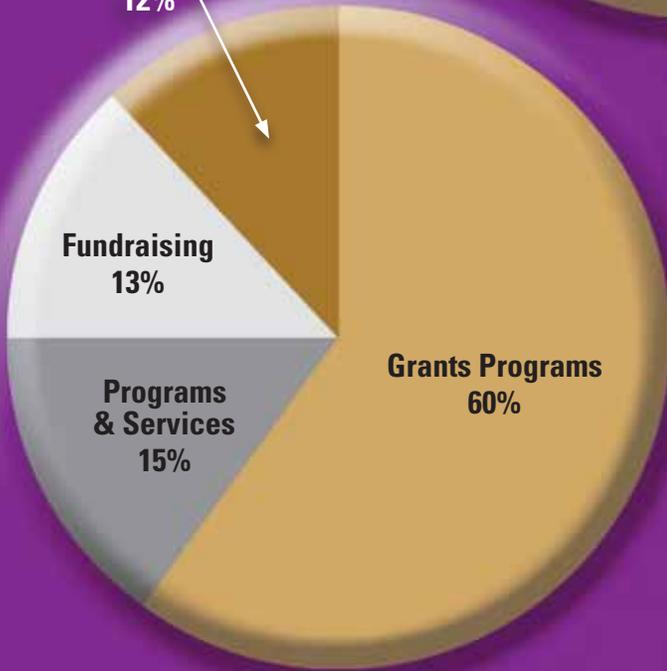
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