

1955-2005



**AMERICAN NURSES  
FOUNDATION**

**2005  
ANNUAL REPORT**



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# Dear Friends...



1955 was the year. President Eisenhower was in office. A Postage Stamp cost 3 cents. The Brooklyn Dodgers defeated the New York Yankees in the World Series. The most popular TV shows were “The \$64,000 Question” and “I Love Lucy.”

And the American Nurses Foundation was incorporated.

2005, the American Nurses Foundation celebrated the Golden Anniversary. It was the year that marked a significant milestone for the foundation. It was a year to celebrate our ANF Scholars and make plans for the next 50 years!

In this annual report we reflect on the work of ANF’s many volunteers, the Board of Trustees and the staff of the foundation during its golden anniversary year. We reflect on the commitment of ANF’s many donors. And as such reflects the work of the foundation today.

The 50th anniversary year was a year of “friend-building” as well as “fund-raising.” Dinners celebrating ANF Scholars were held in conjunction with the four Spring regional research society conferences (Southern Nursing Research Society in Atlanta, Midwest Nursing Research Society in Cincinnati, the Western Institute of Nursing in San Francisco and the Eastern Nursing Research Society in New York City). The festivities continued at dinners held during fall events at the Council for the Advancement of Nursing Science (CANS) in Washington, DC and the American Academy of Nurses (AAN) in Scottsdale, AZ. Events during the ANA House of Delegates included a 50’s Sock Hop to commemorate the 50th Anniversary. All these events are detailed in the following pages.

We were deeply affected by the devastation of Hurricane Katrina. In response, ANF established the Katrina Fund “for nurses to take care of their own” in the states of Louisiana, Mississippi and Alabama. ANF immediately rose to meet its mission of supporting nurses and their general welfare. Over \$50,000 was raised by the end of 2005 (although over \$250,000 has been raised to-date) with 100% of the funds being forwarded directly to nurses in the affected states.

Throughout the 50th anniversary year ANF focused on providing national leadership in healthcare philanthropy, developing nurse scientists and their research, growing its financial resources and infusing cultural and ethnic diversity into its work in support of nursing. In looking back to its origins, that’s what the nurses envisioned the foundation doing. In looking forward to the next 50 years, that’s what the volunteers and staff want to continue to do. We hope you will continue to support the American Nurses Foundation in continuing to grow in programs and monetary resources to that end.



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 James J. Romeo, RN  
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 Consejo R. Rosario, RN  
 Royal College of Nursing  
 Carol F. Roye, EdD, CPNP, RN  
 Cynthia L. Russell, RN  
 Celina Salazar-Camillo, RN  
 Eleanor Saltzer Weinstein, PhD, RN, FAAN  
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 Debra A. Schiro, RN,C  
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 Virginia P. Tilden, DNSc, RN, FAAN  
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 Margaret G. Tyson  
 University of Mississippi Medical Center  
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 Mary G. Wooten, RN  
 Dr. Jean M. Wortock  
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 Rosalee Yeaworth, PhD, RN, FAAN  
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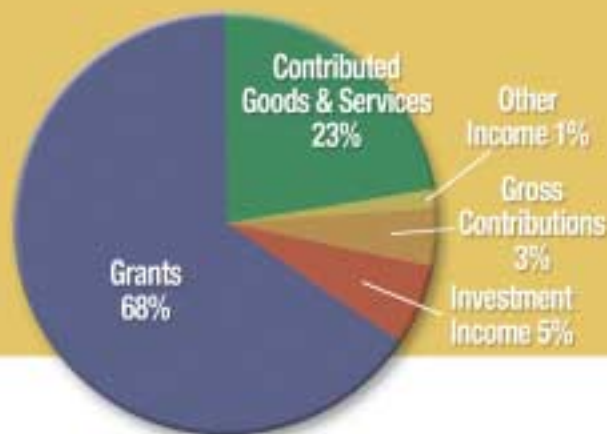
## Financials

<b>Assets</b>	<b>2005</b>	<b>2004</b>
<b>Current Assets</b>		
Cash and cash equivalents	\$18,409	\$406,653
Investments	5,093,445	5,153,775
Accounts receivable	4,627	16,684
Grants receivable	52,065	10,911
Contributions receivable	2,149,313	2,987,623
Note receivable from American Nurses Association, Inc.	1,000,000	1,000,000
Prepaid expenses	6,217	7,592
Property and equipment, net	315,117	288,484
<b>Total Assets</b>	<b>8,639,193</b>	<b>9,871,722</b>
<b>Liabilities and Net Assets</b>		
<b>Liabilities</b>		
Accounts payable and accrued expenses	\$181,995	\$174,386
Due to related organizations	811,531	506,465
Capital lease liability	167,480	194,984
Contributions payable	998,013	1,425,619
<b>Total liabilities</b>	<b>2,159,019</b>	<b>2,301,454</b>
<b>Net assets</b>		
Unrestricted net assets	2,003,812	2,444,272
Temporarily restricted net assets	3,126,589	3,960,620
Permanently restricted net assets	1,349,773	1,165,376
<b>Total net assets</b>	<b>6,480,174</b>	<b>7,570,268</b>
Commitments and contingencies	-	-
<b>Total liabilities and net assets</b>	<b>\$8,639,193</b>	<b>\$9,871,722</b>

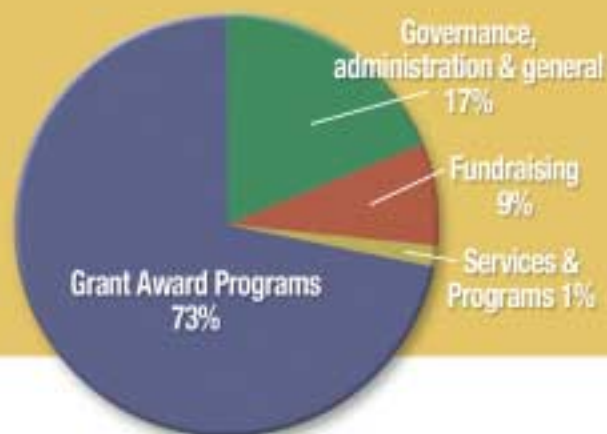
*When you support the American Nurses Foundation you are supporting the largest non-governmental nursing organization to fund Nursing Research Grants!*



## REVENUE BY CATEGORY



## EXPENSE BY CATEGORY



For the year ended December 31,

2005

2004

### *Change in unrestricted net assets*

#### **Revenue**

Contributions	\$92,279	\$329,886
Grants	411,847	152,864
Investment Income	136,652	302,085
Other Income	10,268	5,966
Contributed goods and services	724,304	725,436
Net assets released from restrictions	1,653,511	2,180,357
<b>Total unrestricted revenue</b>	<b>3,028,861</b>	<b>3,696,594</b>

#### **Expenses**

Program Services		
Grant award programs	2,556,486	1,821,284
Services and programs	31,711	306,420
<b>Total program services</b>	<b>2,588,197</b>	<b>2,127,704</b>

#### **Supporting Services**

Fundraising	294,984	523,471
Governance, administration, and general	586,140	425,726
<b>Total supporting services</b>	<b>881,124</b>	<b>949,197</b>

#### **Total expense**

	<b>3,469,321</b>	<b>3,076,901</b>
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Change in unrestricted net assets	(440,460)	619,693
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### *Change in temporary restricted net assets*

Investment Income	38,374	224,709
Contributions	723,686	2,037,490
Other Income	57,420	51,296
Net assets released from restrictions	(1,653,511)	(2,180,357)
Change in temporary restricted net assets	(834,031)	133,138

### *Change in permanently restricted net assets*

Investment Income	139,005	1,051
Contributions	45,392	34,300
Change in permanently restricted net assets	184,397	35,351

### *Change in net assets*

Net assets, beginning of year	(1,090,094)	788,182
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#### **Net assets, end of year**

	<b>7,570,268</b>	<b>6,782,086</b>
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# In good company: Celebrating 50 years of American Nurses Foundation Research Scholars

Barbara J. Holtzclaw, PhD, RN, FAAN

The 50th Anniversary of the ANF Research Grants Program calls for a retrospective look at its product: the American Nurses Foundation Scholars. The successful research trajectories of this cadre of grant recipients reflect the "good company" benchmark provided by well-regarded funding sources that reach beyond mere funding. This historical account celebrates over 900 nurse scholars who received ANF Research Grants from 1955-2005 with exemplars from each decade. This paper demonstrates the value of funding the essential first steps of promising beginning investigators. Data was reviewed from ANF and ANA reports, newsletters, and journals; NIH database *Computer Retrieval of Information on Scientific Projects* (CRISP); University Internet Web sites, and personal accounts from ANF Scholars. ANF is reassured of its investment in nurse scholars by the extraordinary progress in nursing science produced by its awardees. Historical evidence is clear that this half-century of research grants were not just funding studies; they were launching programs of research. The ANF Research Grant Program provides a model for funding policy to nurture and support the initial work of emerging scholars.

The American Nurses Foundation's (ANF) initial purpose of creating a funding source for beginning researchers has been highly successful. Securing funds for and administering research grants to more than 900 nurse scholars over the last 50 years attests to the Foundation's ongoing stewardship. However, on this Golden Anniversary of ANF, there is a need to examine the value of seeding initial research programs beyond the monetary jump-start provided by the funds. Who were these scholars and how were they chosen?

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How did their initial ANF work contribute to their programs of research? Does rigorous review of grant proposals by experts pay off? Does the "good company" of previously well-regarded recipients add value? Ultimately, does the stature of mature science that evolves from this pilot funding provide a benchmark for a grant program's success? This retrospective review addresses these issues and points out needed policy for the future that supports beginning researchers. The role faculty mentors and professional colleagues play in the grant application process is emphasized. Exemplars of each decade of ANF funding provide a sampling of the remarkable career trajectories of its Nurse Scholars. Figure 1 demonstrates the general areas of research topics of grant recipients by decade. Changes over time also show the influence of interest and expertise among nurse scholars. The earliest scholars focused on nurses, professional issues, and nursing education. Development of more doctoral programs in nursing during the 1970s shifted research interests from educational foci to those that were health and client-centered. These included clinical, basic science, historical, and case study investigations. A growing interest in health systems and nursing issues in the last two decades reflects the workforce and organizational issues nurses face.

## The Search for ANF Scholars

Tracking the recipients of a half-century of grant awards totaling more than \$3 million was no simple task. Several approaches helped identify the ANF Scholars, including a host of illustrious nurse leaders who have responded to the continuing *Call for ANF Scholars*, an ongoing quest for updated information (Figure 2). ANF publications provided the most accurate and complete list of scholars, although titles of the projects did not always reveal the exact nature of the research. For the first two decades, the ANF published *Nursing Research Report* that included pictures and vignettes of the awardee's research.<sup>1</sup> Testimonies in letters from grant recipients also appeared in the *Report*. More recently, awardees and their projects appear in the ANF's *Annual Report*, and in *The American Nurse*. Tracking each awardee's subsequent funding from the National Institutes of Health (NIH) was possible from 1972 forward through its database, *Computer Retrieval of Information on Scientific Projects* (CRISP). These data gave credible evidence that small-grant invest-

## ANF Research Grant Funding by Topic 1995-2004

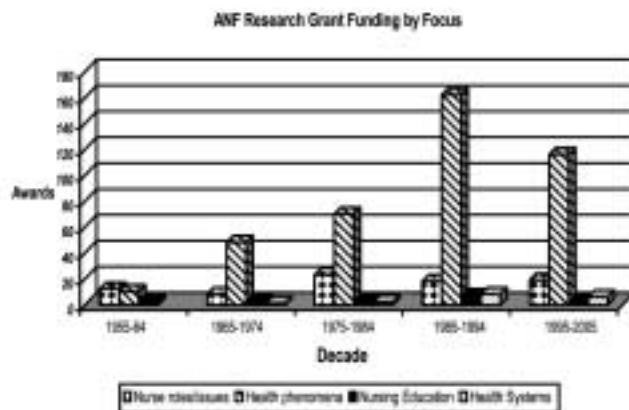


Figure 1. ANF Research Grant Funding by Topic 1995-2004



Figure 2. Request for Career Updates from ANF Nursing Research Grant Scholars issued by the American Nurses Foundation

ments paid off in future federal funding. For many, the small study funded by ANF provided the preliminary study that helped secure NIH support. Likewise, the scientific contributions of awardees reveal high dividends to the profession. Internet searches of the university Web sites for past scholars were rich sources of career-related history for some of the earliest scholars, many of whom have retired.

### In Good Company

Foundations, like any human enterprise, are known by the company they keep. Those that fund nursing research carefully set high standards and review proposals against rigorous criteria. Funding agencies tend to award grants to more experienced investigators who are more likely to succeed in making scientific contributions. This practice also rewards funding agencies by assuring a higher likelihood of scientific success and recognition. When scientific products of funded re-

search are published or gain national esteem, the funding agency or foundation that supported it receives recognition as well. This reciprocal relationship of success-breeds-success poses challenges for new investigators seeking funds for pilot work. Beginning nurse researchers find it more difficult to secure needed financial support to demonstrate scientific success than do some other scientific fields. Unlike disciplines where research is the primary focus, nursing has fewer "parent" environments that subsidize development and provide a culture of research for new investigators. National Institute of Nursing Research officials report that the lack of emphasis on research in many nursing schools affects the quality and resources available to research trainees.<sup>2</sup> The need for bolstering research support led the American Nurses Association to establish the ANF in 1955 to provide a continuing, full-time, coordinated program devoted to nursing research. There was potential risk in investing in new investigators or those with a new line of inquiry, but early awardees not only completed their research studies, they published them. At this point in ANF's history, publication of research findings was the primary hallmark of the scholar's success and awardee's publications were recognized in Foundation progress reports.<sup>3</sup> However, as nursing science matured, other benchmarks and benefits of the program were seen. Evidence of promising preliminary work as well as published data-based research became standards for review of applicants for federal extramural funding. Recipients not only contributed to scientific literature, but ANF-funded pilot work also paved their way to extend their research. ANF grants were not just funding studies; they were launching programs of research!

### Assuring Quality in Proposal Review and Selection

The Foundation took seriously the stewardship of research funds from its beginning. Each year, the ANF Board of Trustees assures quality of funded grants by its Nursing Research Grant Review Committee of experienced grant reviewers selected from nominations forwarded by national nursing organizations with a stake in research. Reviewers typically serve a 2-year term. Grant applications are critiqued by 2 to 3 reviewers, with topic experts called in as collateral reviewers for specialized topics as needed. The application and review process is instructive to new investigator applicants, grooming them in the process of grant submission. Rather than focusing on the past research accomplishments of the applicant, review criteria are geared toward scientific possibility, adequate supervision or mentorship, and the potential for supporting future work. Rigor in review is applied to evaluating appropriateness of method to the research question, sufficiency of the sample, and overall ability to complete the project. Each review includes assurances of scientific

integrity and protection of human subjects. Expert reviewers include those experienced in qualitative, quantitative, biological and health systems research and often include individuals who have received ANF research funding in the past.

### **Informing Potential Applicants of the ANF Research Grant Program**

Most applicants credit their professors or mentors with suggesting the ANF Research Grant as a possible source to fund their research. Whether the project is a thesis, dissertation, or a pilot study, the legacy of previous awardees is likely to spread interest among potential candidates. Faculty mentors who recognize benefits from their own ANF grants in the past share enthusiasm about the program also and acquaint the new investigator with its significance in a research trajectory. The Foundation acquaints potential applicants through notices in ANF and ANA publications, through its links on the ANA Web site, and through presentations and information booths at national and regional research conferences.

### **Reciprocal Rewards of Grant Support Seen in Exemplars**

Comments from ANF research grant recipients credit the grant program with funding essential first steps, but they also consider the award prestigious. They take pride in their selection as Scholars while recognizing they are among an unusually capable peer group. The success of this group reflects well on the Foundation in the ongoing contributions their programs of research to the profession. In this way, ANF and its Scholars reciprocate with benchmarks of research success that are seen in the exemplars that follow.

#### *Early ANF Scholars (1955-1970)*

The first few ANF research grants supported studies about nurses, nursing roles, nursing education, and nursing issues. Publication of these study outcomes helped to document the function and emerging role changes of the profession in the decade preceding the 1960s. By 1961, most ANF proposals dealt with patient care issues, and legendary careers emerged from grant awardees in this cohort. For example, Dr Eileen Hasselmeyer's study of effects of handling prematurely born infants on behavior led to her extramurally funded research program demonstrating multidisciplinary approaches. She later went on to spearhead Sudden Infant Death Syndrome (SIDS) research at the National Institute of Child Health and Human Development and was cited by one expert as "the most influential *single* person in the progress of SIDS research."<sup>2</sup> Dr Mary V. Neal's study of effects of vestibular stimulation by mechanical rocking and the developmental behavior of the premature infant was funded in 1964 and launched a program of research advanced by others.<sup>3-7</sup> She was

recognized as an American Academy of Nursing "Living Legend" in 1996 for her outstanding work and mentorship.<sup>8</sup> Dr Donna L. Vredevoe's study of aggressive postoperative play responses of hospitalized preschool children was funded in 1968 at an early point in her career.<sup>9</sup> She later became a specialist in cardiovascular research and is completing large extramural studies, each funded at more than \$1,000,000 by the American Heart Association and NIH respectively.<sup>10</sup> Angela McBride was among the new investigators funded in 1967 to study "Nursing and pain: A clinical experiment." Dr McBride's subsequent research accomplishments included a funded research fellowship, a career dedicated to mental health research, and a role in setting the nation's women's mental health agenda. During her tenure at the University of Indiana, as associate dean for research and later Dean, external funding has increased \$4.1 million.<sup>11</sup> Margo McCaffery was awarded an ANF grant in 1968 to study children's responses to rectal temperatures,<sup>12</sup> an early study in a long history of research, consciousness-raising, and intervention in the management of pain and distress.<sup>13,14</sup>

Two animal studies were funded in 1969, demonstrating the diversity of topics awarded grants.<sup>3</sup> Dr Ellen O. Fuller's ANF award was to study effects of carbon dioxide and oxygen tensions on flow-pressure relationship in the pregnant sheep uterus. Her subsequent extensive NIH funding extended her study of sympathetic responses of the uterine circulation due to changes in blood gases and temperature in the pregnant sheep.<sup>15</sup> Her collaborations with investigators in the study of exercise helped translate findings about blood gases to studies of endurance training.<sup>16,17</sup> Dr L. Claire Parsons was funded to study pathophysiological sequelae of head injury affecting sleep and wakefulness in a subhuman primate. She advanced her studies of physiological phenomena after head injury to human subjects in critical care and received several R01 awards from the NIH to continue this program of research.<sup>18-22</sup>

#### *Scholars of the 1970s: Models of Excellence*

By the mid-1970s, spurred by increasing contributions to the Foundation, the numbers of grants awards grew. Awardees included nursing faculty, such as Dr Gladys Courtney, who studied the relationship of adrenal cortex to ovarian function, and demonstrated her scientific and grantsmanship skills to bring NIH funding from the Division of Nursing to support Multidisciplinary Research Training in anatomy, microbiology, and physiology at the University of Illinois, Chicago. Dr Myrtle Aydelotte received ANF funds to study nursing turnover.<sup>23</sup> One of many major contributions throughout her career to establishing criteria for evaluating the nation's nursing services.<sup>24</sup> Dr Mabel A. Wandelt tested the Slater Nursing Competencies and

Quality Patient Care Scales as part of an illustrious career's focus on effectiveness of nursing care.<sup>25</sup> These instruments remain in use today. Dr Virginia Neelon, who received ANF funding to pilot a study of physiological changes of the aging hamster intestine, began one of the first biobehavioral laboratories in a school of nursing. Her interest in aging expanded to include NIH-funded studies of respiratory effects on sleep and confusion in hospitalized elders.<sup>26</sup> Dr Carol Lindeman received funds to study approaches to preoperative teaching,<sup>27,28</sup> and Dr Mary Infante studied factors related to compliance of persons with diabetes to therapeutic regimens.<sup>29</sup> Both have subsequently received numerous NIH grants to promote research and training at their home institutions.<sup>26</sup> An even larger number of new predoctoral investigators received grants. Among those that continued to establish ongoing research careers were Camilla Wood, Florence Wald, Holly Skodol Wilson, Judith Krause, Sharon Reeder, Sidney Krampitz, Pamela Holsclaw Mitchell, and Regina Lederman.<sup>1,26,29</sup> Examples of how these nurse scientists moved their studies forward into coherent programs of research is seen in the career of Dr Nancy Fugate Woods. Her ANF grant awarded in 1977 supported her study of health status and illness behavior of women during their childbearing years. Since 1979, her research and research training related to women's health, perimenstrual symptoms, and menopause has received continuous funding by the NIH.<sup>26</sup> Pamela Mitchell's predoctoral work on effects of nursing activities on persons with brain injury was expanded in several NIH supported studies surrounding neurological responses, genetic and developmental neurobiology, and neuro nurse specialist training.<sup>26</sup> Like many of the nurse scientists who were recipients of ANF grants for doctoral studies in the 1970s, these scholars are actively funded investigators who continue to mentor future nurse scientists.

By 1979, the roster of awardees includes many scholars actively involved in research today. Evidence of this continued funding success is retrievable from the NIH's own website.<sup>26</sup> Dr Elaine Larson, for example studied gram-negative hand carriage among hospital personnel. She has secured NIH funding for her work on nosocomial infection and hand hygiene dating back to 1989.<sup>26,29</sup> Following Dr Willa Doswell's early research funding from ANF, she began studying factors to reduce adolescents' involvement in early sexual behavior and has been the recipient of ongoing NIH funding. Dr Kate Lorig's ANF award funded a study of effects of self-management education on persons with arthritis. She has advanced this work with at least seven major projects, funded by NIH, to include persons with diabetes, low back pain, arthritis and those who speak Spanish. Dr Margaret A. Newman, who studied the relationship of age to perceived duration of time as an ANF Scholar, distinguished herself throughout her

career by developing and testing her theory of health as expanding consciousness.<sup>30-32</sup>

### *Scholars of the 1980s: New Avenues*

Each new decade of the ANF Research Grant Program brought new topics and stretched the old boundaries of nursing science. The 1980s featured nurse researchers who gained national recognition beyond the nursing community. For example, Dr Christine Kasper, who received an ANF grant for her study of skeletal muscle adaptation to prolonged immobility, achieved national recognition through her work with the National Aeronautics and Space Administration to work on studies of the impact of space flight on skeletal muscle fibers.<sup>33</sup> She has at least four major projects funded by the NIH since the early 1980s dealing with muscle changes and adaptation to injury, immobility, or disease states. Dr Clarann Weinert received her ANF grant to study long-term illness and family functioning while a NIH-funded predoctoral fellow and followed this program of research through a continued NIH support of research projects and a research center.<sup>26,34</sup> Dr Toni Tripp Reimer's ANF project dealt with knowledge and use of folk medicine among ethnic aged persons. Her subsequent research and NIH funding has dealt with multiple facets of culture, ethnicity, and aging.<sup>26,35</sup>

Dr Dorothy Brooten received ANF funding to study effects of high caffeine intake on pregnancy outcomes. She has continued to sustain NIH funding of studies of factors influencing bilirubin levels of breast-fed infants, care of high-risk pregnancies, and early hospital discharge and nurse specialist follow-up. Findings from the latter, published in the *New England Journal of Medicine*, was cited in the popular press and beyond.<sup>26</sup> Dr Jacquelyn Flaskerud's ANF study of minority group perceptions of problematic behavior, funded in 1981,<sup>37</sup> was followed by significant work in vulnerable populations research, particularly dealing with culture and HIV/AIDS, and culture, and mental illness.<sup>38,39</sup> She is Principal Investigator of NIH pre- and postdoctoral fellowships dealing with vulnerable populations.<sup>26</sup> Dr Molly Dougherty received ANF funding for an instrument development study to further her research on urinary incontinence. Her program of research in that area received three major NIH research grants as well as biomedical funding and instrumentation grants.<sup>26</sup> Dr Barbara Medoff-Cooper's ANF study of infant temperament and behavioral style in very-low-birth-weight infants piqued her interest in their neurobehavioral development. She went on to develop assessment methods and study correlates of nutritive sucking in term and low-birth-weight newborns and infants with congenital heart disease. She is in her 11th year of continuous NIH funding for this work.

Dr Cornelia Beck received ANF funding to study cognitive remediation with patients with Alzheimer's disease. This study was only one in an outstanding

program of continuously funded research concerning care of persons with dementia. In addition to NIH support of her research grants, she has been funded for a Research Core and a Dementia Core Center.<sup>26</sup> Dr Annette Wysocki, who studied effects of noise on the rate of wound healing in her ANF-funded dissertation work, advanced her study in cellular biology and achieved NIH funding for four major research grants. Of scientific significance was her discovery that chronic wounds differed from acute wounds in ways that influenced healing.<sup>40</sup> Dr Janet Larson advanced the work of her ANF grant to study respiratory muscle training in chronic obstructive pulmonary disease to a comprehensive program of research on respiratory disease management supported by the NIH.<sup>26,41,42</sup> Dr Kathryn Lee's ANF-supported study of sleep patterns and mood changes in women became the primary focus for a highly productive record of NIH funding on fatigue and sleep patterns of women with various health challenges.<sup>26</sup> Although it is not possible to describe each awardee's work and career development here, the number of well-established programs of research emerging from the ANF awardees of the 1980s is remarkable. This was due in part to the maturation of nursing research in general, improved research training, and the establishment of the National Center for Nursing Research (NCNR) at NIH in 1986.

#### *Scholars of 1990-2004 Crowning the Century*

Moving the NCNR to a full NIH institute in 1993 brought improved resources for major funding,<sup>43</sup> but gave even more importance to the need for small grants to fund pilot work. ANF grant applications increased in number while competition for funds grew. Evidence of the quality of ANF grant applications appears in the relatively short time between ANF funding and progression to federal funding. Several have significant records of multiple NIH awards. In 1992, ANF funded Dr Rita Pickler to study non-nutritive sucking effects on bottle-feeding stress. NIH funded her subsequent research concerning bottle-feeding of infants through 2006.<sup>26</sup> In 1993, Dr Jean McSweeney was funded by ANF to study symptomatology of myocardial infarction in women.<sup>26</sup> These findings led to two major NIH grants that revealed that women experienced specific prodromal symptoms that were different from those of men. McSweeney's work published in *Circulation: Journal of the American Heart Association* brought her international recognition.<sup>44</sup> Dr Victoria Mock studied a rehabilitation program in oncology as an ANF grant recipient and continues to receive NIH funding for research in cancer treatment-related fatigue.<sup>45-47</sup> Dr Christine Miaskowski received an ANF grant to study analgesic interactions with supraspinal opiates.<sup>48</sup> Her continuing work with pain and pain relief in cancer patients continues to receive significant recognition and ongoing NIH support.<sup>26</sup>

Many of the ANF grant recipients of 2000 and beyond are at early stages in their careers, and some are still in training programs and have not yet published or expanded their research. Others, such as Dr Nancy Stotts, are well-established investigators, but have developed new directions and have used pilot work from their ANF grant as a preliminary study to strengthen NIH grant applications. Dr Stotts' R01, funded by NINR in 2003, is a further elaboration of her earlier work on effects of supplemental fluid on collagen deposition in pressure ulcers.

#### **ANF's Commitment to the Future**

The success of ANF's grant program to fund beginning work offers a model for other foundations and organizations; however, its Trustees are cognizant that their program alone cannot meet these needs. The ANF maintains close working relationships with the NINR and members of the NNRR in efforts to nurture young investigators. They voice concern for improved health policy that fosters developing new researchers. They likewise continue to seek sources to increase the numbers and amounts of grants the ANF programs fund each year.

The Foundation is reassured of its investment in nurse scholars by the extraordinary progress in nursing science produced by its awardees. Efforts continue to streamline the grant application and review process, employ advanced technologies that ease submission and reviewer feedback, and to acquaint donors with the long-range contributions that emerge from this funding. The Foundation receives gifts of funds and service from former recipients who are proud to have been honored by their award. These expressions reveal that the ANF is surely known by the company it keeps, by its friends, its donors, and its excellent Nurse Scholars.

I am indebted to the ANF Board of Trustees and Staff for their assistance in providing information for this article.

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ANF celebrates the recipients of the 2005 Nursing Research Grants (NRG). The work of these respected scholars is at the heart of the mission of ANF in their pursuit of research and education that promotes the public health. ANF is grateful for the generosity of supporters who have made it possible to award more than \$3.5 million to over 950 beginning and experienced nurse researchers for 50 plus years.

## Celebrating 2005 ANF Scholars

### LYNN BABINGTON, PHD, RN

Eastern Nursing Research Society Scholar  
*Understanding Dominican Mothers' Beliefs, Knowledge and Practices Related to Feeding Infants and Children*  
Northeastern University

### YOUNHEE JEONG, MSN, BSN, PHD

Midwest Nursing Research Society Scholar  
*The Role of Orexin in Posterior Hypothalamus-Induced Analgesia on Neuropathic Pain*  
University of Illinois at Chicago

### SANDRA W. MCLESKEY, PHD, RN

Hyundai Motor America Scholar  
*Differently Expressed Proteins in Tamoxifen-Resistant Breast Tumors*  
University of Maryland at Baltimore

### LOUISE C. MILLER, PHD, RN

Sayre Memorial Fund Scholar  
*Nurses' Information Literacy: Implementing the Electronic Health Record (EHR) into Nursing Education*  
University of Missouri

### MARY KAY MORTIMER, PHD, RN

Gloria Smith, RN Scholar  
*A Brief Intervention to Improve Illness Perception and Medication Adherence in Hypertensive Older Black Females*  
University of North Carolina at Chapel Hill

### TERRI REBMANN, MSN, RN, CIC

Anne Zimmerman, RN Scholar  
*Nurses' Bioterrorism Preparedness and the Health Belief Model*  
Saint Louis University

### JAN RAFAT RUKANUDDIN, PHD, RN

Commission on Graduates of Foreign Nursing Schools Scholar  
*Testing Collectability and Reliability of the Midwifery Reproductive Health Data Set*  
Aga Kahn University

### MICHELE J. UPVALL, PHD, CRNP

Julia Hardy Scholar  
*Culturally Competent Care for Somali Refugees Who Have Experienced Female Circumcision*  
Carlow University

### LAURA M. WAGNER, PHD, RN

Sigma Theta Tau/ANF Scholar  
*Nurses' Attitudes Towards Resident Safety in Long-Term Care Settings*  
Baycrest Centre for Geriatric Care

### JILL M. WINTERS, PHD, RN

Virginia Stone, RN Scholar  
*Telehealth Home Monitoring Program for Heart Failure Patients: A Pilot Study*  
Marquette University

### FANG YU, PHD, CRNP, RN

Dorothy Cornelius, RN Scholar  
*Recovery after Antepartum Bed Rest: Postpartum Bone Mineral Density*  
Pennsylvania State University

### RACHEL YAFFA ZISK, PHD, RN

Rita K. Chow & Yaye Togaski-Breitenbach Scholar  
*Parental Postoperative Pain Management*  
Yale University

### RAMONA BENKERT, PHD, APRN, BC

Julia Hardy Scholar  
*Cultural Mistrust, Racial Identity, and Patient Satisfaction in Urban African American Primary Care Patients*  
Wayne State University

### TONIA JONES, RN, PHD

Aventis Pasteur Scholar  
*Impact of Biologic and Psychosocial Correlates on Hepatitis B Vaccine Response in Homeless Adults*  
University of California, Los Angeles

### TERESA J. KELECHI, PHD, RN

Virginia Stone, RN Scholar  
*Skin Temperature Variability in Venous Disease*  
Medical University of South Carolina

### JOHN C. KIRCHGESSNER, MSN, RN, PNP

Anne Zimmerman, RN Scholar  
*Emergence of Professionalization and the Economic Power of Nursing at University of Virginia Hospital*  
University of Virginia

### EUN-HI KONG, MSN, RN

Eleanor Lambertson, RN Scholar  
*The Lived Experiences of Korean Immigrant Caregivers after Nursing Home Placement of their Elderly Non-English (NELS) relatives with Dementia*  
University of Pennsylvania

### KANDACE LANDRENEAU, RN, PHD, CCTC

Jean E. Johnson, RN Scholar  
*Pilot Testing of an Intervention to Improve Sleep and Reduce Fatigue in the Renal Failure Population*  
University of California at San Francisco

### SHIH-YU LEE, PHD, RNC

Council for the Advancement of Nursing Science Scholar  
*Stress Coping and Quality of Life Among Hemodialysis Patients and their Primary Caregivers*  
Emory University

### JUDITH A. MALONI, PHD, RN, FAAN

Virginia Kelley Scholar  
*Recovery after Antepartum Bed Rest: Postpartum Bone Mineral Density*  
Case Western Reserve University

### VICTORIA MENZIES, RN, PHD

Southern Nursing Research Society Scholar  
*Exploring the Effects of Relaxation and Guided Imagery on Outcomes of Pain, Distress, Functional Status and Self Efficacy in Hispanic Persons Diagnosed with Fibromyalgia*  
Florida International University

### BARBARA A. CALDWELL, PHD, APRN-BC

Gloria Smith Scholar  
*Maternal Stress and Sleep in Preschool Children: A Pilot Study*  
University of Medicine & Dentistry of New Jersey

### ANGELA CHIA-CHEN CHEN, PHD, RN

Nurses Charitable Trust District V FNA Scholar  
*Understanding Chinese Immigrant Youth: Acculturation, Parenting Practices and Depressive Symptoms*  
Arizona State University

### CANDACE C. CHERRINGTON, PHD, RN

Hildegard E. Peplau, RN Scholar  
*Illness Representative in Acute Coronary Syndrome*  
Wright State University

### TERESA ROJAS-COOLEY, RN, BSN

Dorothy Reilly Scholar  
*Complementary and Alternative Medicine: American Nurses' Knowledge*  
Beckman Research Institute of the City of Hope

### DANITA EWING, PHD, RN

American Nurses Association Presidential Scholar  
*Medication Adherence by Hematopoietic Stem Cell Transplant Recipients and their Family Caregivers*  
Oregon Health & Science University

### PATRICIA HUMMEL, MA, RNC, CCNP, CPNP

Gloria Smith, RN Scholar  
*Validity and reliability of the N-PASS pain assessment in procedural pain*  
Loyola University Medical Center



### 2005 Nursing Research Grants Committee

Seated (Left to right): Nancy Bergstrom, PhD, RN, FAAN, Chairperson Research & Special Projects on ANF Board of Trustees; Barbara Habermann, PhD, RN; Chairperson Janet C. Meininger, PhD, RN, FAAN; Jana Pressler, PhD, RN; Barbara A. Smith, PhD, RN, FAAN, FACSIM.

Standing (Left to right): Beverly Horn, PhD, RN, CTN; Elizabeth Reifsnider PhD, APRN, BC; Julie Reed Erickson, PhD, RN, FAAN; Holli DeVon, PhD, RN; Mary R. Lynn, PhD, MN, BSN; Roxanne Struthers, PhD, MS, RN; Lani Zimmermann, PhD, RN; Anne Turner-Henson, DSN, RN and ANF Executive Director Leo Schargorodski.



Upon completion of research, ANF Scholars are required to submit an abstract along with a final narrative report outlining the results of the research. Below are listed the recipient and title of the research grants completed in 2005. For an abstract and a copy of the narrative, contact ANF.



## 2005 Completed Research Grants

### **EUNHEE CHO, BSN, MPH, PhD**

University of Pennsylvania  
*The Effects of Informal Caregivers on the Outcomes of Older Adults Receiving Home Health Care*  
Eleanor Lambertsen Scholar

### **MARGARET F. CLAYTON, PhD, RN, FNP-CS**

University of North Carolina at Chapel Hill  
*Communication in Breast Cancer Survivors*  
Jean E. Johnson, RN Scholar

### **ROSA ANN DIMARIA-GHALILI, PhD, RN**

West Virginia University  
*An Exploration of Recovery in Off-Pump CABG Patients*  
Ada Sue Hinshaw, RN Scholar

### **MATHE ENRIQUEZ, PhD, RN**

University of Missouri at Kansas City  
*An Intervention to Enhance Readiness for Adherence*  
Merck Company Foundation Scholar

### **EMILY FEINBERG, ScD, MSN, CPNP**

Boston University  
*Child Feeding Practices and Obesity Among Children of African Descent*  
Gloria Smith, RN Scholar

### **YOSHIMI FUKUOKA, RN, PhD**

University of California at San Francisco  
*Return to Work Following Acute Myocardial Infarction*  
Bobby K. Young Award Scholar

### **LINDA FINCH, PhD, RN**

The University of Memphis  
*Toward an Understanding of Caring in Nursing Practice: A Grounded Theory Approach*  
Dorothy Cornelius, RN Scholar

### **MARIE FOLEY, RN, MA**

New York University  
*The Relationship between Attention Deficit Hyperactivity Disorder and Child Temperament*  
Burrell Family Foundation Scholar

### **MARY GORSKI, MN**

Loyola University  
*Quality of Care in Nursing Homes: The Relationship Between State Level Health Care Facilities and Selected Quality Measures*  
Nurses Charitable Trust District V FNA Scholar

### **LINDA HATFIELD, MS, RMC, CRNP**

The Pennsylvania State University  
*Efficacy of Oral Sucrose During Routine Immunizations at 2 and 4 Months of Age*  
Aentis Pasteur Scholar

### **PATRICIA HAYES, PhD, RN**

East Tennessee State University  
*Evaluation of A Nurse Case Management Model for the Frail Elderly Living in Public Housing*  
Virginia Stone, RN Scholar

### **SIRINAPHA JITIMANE, PhD, MSN, MS (Epi), RN**

Case Western Reserve University  
*Treatment Default Among Tuberculosis Patients*  
Julia Hardy, RN Scholar

### **SEJJEOUNG KIM, PhD, RN**

Hektoen Research Institute  
*Diabetes and Outcomes in Inner City Uninsured Minorities: Multilevel and Geographic Approach*  
Germaine S. Krysan, RN Scholar

### **ROBIN B. KNOBEL, MSN, RNC, NNP**

University of North Carolina at Chapel Hill  
*Physiological Effects of Thermoregulation in Transitional ELBW Infants*  
Nurses Charitable Trust District V FNA Scholar

### **KATHRYN LAUGHON, MSN, RN, PhD**

Johns Hopkins University  
*Violence, Mental Health, Substance Use: Testing a Nursing Model*  
Gloria Smith, RN Scholar

### **TERRY A. LENNIE, PhD, RN**

University of Kentucky  
*Nutritional Intake and Proinflammatory Cytokine Activity in Community Dwelling Older Adults*  
Virginia Stone, RN Scholar

### **ANGELA NANNINI, PhD, FNP-C**

Northeastern University  
*Assessing Disparities and Timing of Pregnancy-Associated Injury Morbidities to Inform Injury Prevention Strategies for Women*  
ANA Presidential Scholar

### **TOMMIE P. NELMS, PhD, MSN, BSN, RN**

Texas Woman's University  
*A Study to Develop a Disclosure to Children Intervention for HIV/AIDS Infected Women*  
Hyundai Motor America Scholar

### **PATRICIA PEARCE, BSN, MPH, MSN**

University of North Carolina at Chapel Hill  
*Designing with Children, for Children For Physical Activity Recall*  
Nurses Charitable Trust District V FNA Scholar

### **SUE PENCKOFER, PhD, RN**

Loyola University  
*Exploring Dysphoric Symptoms in Women with Type 2 Diabetes*  
Gloria Smith, RN Scholar

### **HYEKYUN RHEE, PhD, RN, PNP**

University of Virginia  
*Living with Asthma: Focus Group Study of Adolescents*  
GlaxoSmithKline Scholar

### **F. PATRICK ROBINSON, PhD, RN, ACRN**

University of Illinois at Chicago  
*A Pilot Study of the Effects of Aerobic and Resistance Exercise Training on HIV Lipodystrophy Syndrome*  
Hyundai Motor America Scholar

### **CAROL F. ROYE, EDD, CPNP**

Hunter College  
*Enhanced Video To Prevent HIV/AIDS in Minority Teens*  
Gloria Smith, RN Scholar

### **CYNTHIA L. RUSSELL, RN, PhD**

University of Missouri at Columbia  
*A Description of the Patterns, Predictors, and Outcomes of Immunosuppressive Medication Noncompliance in Adult Renal Transplant Recipients*  
ANF/Sigma Theta Tau Scholar

### **AUTUMN SCHUMACHER, PhD, RN**

Emory University  
*Nonlinear Characteristics of Ventricular Fibrillation*  
Hyundai Motor America Scholar

### **KATHLEEN RICE SIMPSON, PhD, RNC, FAAN**

St. John's Mercy Healthcare  
*The Effect of Two Nursing Management Techniques during the 2nd Stage of Labor Nulliparous Women with Epidural Analgesia on Fetal Oxygen Saturation: A Randomized Clinical Trial*  
American Nurses Foundation Scholar

### **JANET L. STEWART, PhD, RN**

University of Pittsburgh  
*Parents of Children with Cancer: Experiences with Treatment Decision Making*  
Sayre Memorial Fund Scholar

### **TUSANA THAWEEKOON, BSM, MSN, PhD**

University of Virginia  
*Impact of Exposure to Community Violence on Adolescent Adjustment Problems*  
Hildegard E. Peplau, RN Scholar

### **JUDY T. VERGER, MSN, RN**

University of Pennsylvania  
*Energy Expenditure, Energy Intake, Growth and Body Composition in Infants with Congenital Heart Disease Following Cardiac Surgery*  
ANA Presidential Scholar

### **JOAN WASSERMAN, RN, BS, MBA, DRPH**

The University of Texas Health Science Center  
*Capturing Costs for Outpatient Rehabilitative Stroke Care*  
Virginia Stone, RN Scholar

### **JEAN C. WHELAN, PhD, RN**

University of Pennsylvania  
*Bargaining Positions: The American Nurses Association's Initial Steps Toward Negotiating Working Conditions for Nurses, 1930-1942*  
Anne Zimmerman Scholar

### **VIVIAN WONG, RN, MSN**

University of California at San Francisco  
*Heel Pressure Ulcer Risk in Hip Surgery Patients*  
Virginia Kelley, CRNA Scholar

### **MARIAN WYNKOOP, MA, MSN, CNS**

North Colorado Medical Center Foundation  
*VIVA BIEN CON DIABETES*  
Leininger Transcultural Nursing Scholar

### **KYEONGRA YANG, RN, MPH**

The University of Texas at Austin  
*Physical Activities Among Korean Immigrant Midlife Women in the U.S.*  
Southern Nursing Research Society Scholar

### **GRETCHEN ZUNKEL, PhD, RN, APRN, BC**

University of Minnesota  
*Relational Coping: Measurement of an Interactive Process in Couples*  
Virginia Kelley, CRNA Scholar





## GRANTS DEVELOPMENT AND MANAGEMENT

Historically ANF has been in the forefront of promoting the mission of the ANA in advancing the nursing profession through the development and management of grant-funded programs. The following are some of the grant-funded programs managed by ANF in 2005.

### Nurses2Nurses4Teens



ANF announces PIPPAH's new name Nurses2Nurses4Teens (N2N4T) and logo! Funded by a four year cooperative agreement from the Office of Adolescent Health (OAH) in the Maternal Child Health Bureau (MCHB) at the Health Resources and Services Administration (HRSA), N2N4T has developed several programs for nurses working with teens, including online continuing education programs. Get the latest on ANF's Adolescent Health Program by clicking on *Public & Private Partners* at [www.ANFonline.org](http://www.ANFonline.org)!

#### INTERDISCIPLINARY PARTNERS

Seated left to right: *Bonnie Spear, PhD, RD; Missy Fleming, PhD; Marcia Rubin, PhD, MPH; Andrea Solarz, PhD; Debbie Regalario, Project Manager*

Standing left to right: *Laurie Emmer, LICSW, LCSW-C, Kelly Towey, MEd; Susan Terwilliger, MS, RNCP, PNP; Anne De Biasi, MHA; Jan Foster; Audrey Yowell, PhD, MSSS; Jack Tenenbaum, DPA, MPH; Cheryl Kodjo, MD, MPH; Jennifer Bretsch, MS; Mike Ambrose, MS; Shelly Sinclair, MPH.*

### LEADERSHIP ENHANCEMENT AND DEVELOPMENT (LEAD) PROJECT FOR MINORITY NURSES

Funded by W.K. Kellogg Foundation, the emphasis for Project LEAD for the year 2005 has been on some specific objectives that the twenty-four participants (Fellows) would have the opportunity to achieve. Fellows have been provided the opportunity to explore real life situations where specific leadership skills made the difference in building strong cooperation and supportive relationships. They were also provided the opportunity to identify aspects of leadership that are effective in managing highly diverse groups, empowering others, demonstrating respect for diversity, demonstrating confidence, and recognizing the importance of globalization of health care. One-on-one mentoring from executive leaders has been accorded to each of the Fellows so that each could gain knowledge and experience in raising fund negotiations, problem solving/conflict resolution, innovative change and effective communicating.

Each Fellow had an opportunity to share their projects with the group. The end of the program presentations covered three components. Component I was a brief summary of the project. Component II was from the Fellows' readings and participation in LEAD. This component was considered a specific focus which allowed the Fellow to emphasize one or more of the concepts in the LEAD MODEL that was or were clearly evident in what the Fellow specifically designed for their institution. Component III instructed the Fellow that in concluding their presentation the Fellow was to provide a detailed description of the impact that Project LEAD had on their career development and leadership skills.

The W.K. Kellogg Foundation celebrated its 75th Anniversary this year. Project LEAD produced a book for the celebration entitled *Soul of Leadership*. The book has been an overwhelming success. There have been 12,500 requests for the book. All accredited schools of nursing, the Board of the Kellogg Foundation, and all major nursing organizations have received multiple copies of the book.

# Food-Safe Schools: A School Nurse Foodborne Illness Response Project



FROM LEFT:  
Elaine Brainerd,  
ANF/FSS; Solange  
Morissette, NCC/FSS;  
Elizabeth Bugden, FSS/RI

The ANF/Centers for Disease Prevention and Control (CDC) Food-Safe Schools project worked diligently to meet the goals of this two year project. The goals are to enhance the role of school nurses within a coordinated school health program to prevent foodborne illnesses. Training workshops focus on heightening school nurses' sense of 'self efficacy' and motivation to reduce and manage school-based foodborne illness outbreaks.

Train-the-Trainer workshops titled "School Nurses Responding to the Challenges of Foodborne Illnesses: Prevention, Detection and Management of Foodborne Illness in Schools" were conducted during 2005: April in Atlanta, GA and December in Scottsdale, AZ. Twenty-five school nurse leaders attended the workshops and enthusiastically developed individual plans to replicate the workshop in their area. Eight replications for over 230 school nurses were completed and many more are scheduled for 2006. ANF staff are available to provide technical assistance and materials to each trainer.

In June the ANF/Food-Safe Schools Project published a resource document for school nurses entitled: Food-Safe Schools: Handbook for School Nurses - Prevention, Detection & Management of Foodborne Illnesses, Elaine Brainerd, Editor. The handbook can be downloaded from the ANF website: [www.anfonline.org](http://www.anfonline.org). A Food-Safe Schools brochure that defines the role of school nurses in responding to the challenges is available to school and health personnel.

Exhibit booths at 2 major conventions: the National Association of School Nurses in Washington, DC and the American School Health Association in Burbank, CA provided opportunity for the ANF/FSS project to disseminate materials and promote school nurse involvement in reducing and managing potential foodborne illness outbreaks.

The ANF/Food-Safe Schools Project as a charter member of the National Coalition for Food-Safe Schools (NCFSS) was instrumental in the launching of a new comprehensive resource for schools: Food-Safe Schools Action Guide Toolkit in June 2005. NCFSS has over 50

organizations and companies that promote prevention of foodborne illnesses in schools.



PARTICIPANTS IN FOOD-SAFE SCHOOL TRAIN THE TRAINER MEETING IN ATLANTA, GA  
(Front row, Left to right): Grace Patounas, West New York, NJ; Kathryn Pranke, Vacaville, CA; Joyce Vaughn, Hattiesburg, MS; Carolina Rodriguez, Los Angeles, CA; Elaine Brainerd, ANF/FSS Project Director.  
(Back row, Left to right): Elizabeth Bugden, Presenter-RI Food-Safe Schools; Susan Giarratano-Russell, CA; Carol Hamilton, CDC Project Officer; Debbie Regalario, ANF/FSS Project Manager; Christine Tuck, Topeka, KS; Marjorie Cole, Jefferson City, MO; Michelle Larsen, Redding, CA; James Nittie, Chula Vista, CA; Jeannie Penner, Encinitas, CA.



## The National Nursing Coalition for School Health

The National Nursing Coalition for School Health is based at ANF and exists to enhance the role and function of the school nurse. This is made possible through the active collaboration of eight national organizations having school nurse membership. The Coalition also serves as the advisory board for the Food-Safe Schools Project.

*The National Nursing Coalition for School Health member organizations include:*

- American Nurses Association
- American Public Health Association: Public Health Nursing Section
- American School Health Association
- National Assembly on School Based Health Care
- National Association of Hispanic Nurses: School Nurse Section
- National Association of Pediatric Nurse Practitioners
- National Association of School Nurses
- National Association of State School Nurse Consultants
- National Center for School Health Nursing, ANF



# Tobacco Free Nurses Initiative



The American Nurses Foundation/American Nurses Association are partners in the Robert Wood Johnson-funded Tobacco Free Nurses Initiative, the first national effort to help nurses, nursing students, and their patients quit smoking. Visits to [www.tobaccofreenurses.org](http://www.tobaccofreenurses.org)

are steadily increasing, with over 25,000 page views in the month of February 2005 and it has become one of Google's top picks for nurses and tobacco. The home page of Nursing World.org links to the Nurses QuitNet site, which offers an array of interactive and personalized

services for nurses and nursing students who want to quit smoking, including private, confidential, one-on-one web-based counseling. In sum, Tobacco Free Nurses is a one-stop shop for nurses who want to help their patients, colleagues, friends or family stop using tobacco; who are ready to quit, or want to join the campaign for a tobacco free society.

On May 3rd, 2005 through collaboration with the Agency for Health Care Policy Research, Tobacco Free Nurses launched a pocket guide to help nurses help patients with smoking cessation. This guide is based on the scientific-based principles of the Public Health Service's Clinical Practice Guideline. This pocket guide, *Helping Smokers Quit: A Guide for Nurses* was reprinted by the American Nurses Foundation and will be distributed at national and state conventions of nurses and other health care professionals. Visit <http://www.nursingworld.org/anf/tobacco/> for more information.

If the 2.4 million working nurses in the U.S. each helped one person per year quit smoking, nurses would triple the U.S. quit rate.



*In attendance at the 2005 National Conference on Nursing and Tobacco Cessation in Chicago (left to right): Mary A. Maryland, PhD, RN, APRN, BC, ANP; Pamela Hagan, MSN, RN; Terri Roberts, JD, RN; Jean Ross, RN and Andrea Brassard, DNSc, MPH, CRNP*

*ANF Executive Director Leo Schargorodski reviews TFN materials with conference participants.*

## NURSE COMPETENCE IN AGING

Nurse Competence in Aging (NCA) is a 5-year initiative funded by The Atlantic Philanthropies (USA) Inc., awarded to the American Nurses Association (ANA) through the American Nurses Foundation (ANF), and represents a strategic alliance between ANA, the American Nurses Credentialing Center (ANCC) and the John A. Hartford Foundation Institute for Geriatric Nursing, New York University College of Nursing.

In 2005, twenty additional national specialty nursing organizations, for a total of 47 with the potential to impact over 400,000 nurses, were awarded ANA-SNAPG (American Nurses Association-Specialty Nursing Association Partners in Geriatrics) grants. A final Call for Proposals was issued for the grant awards in order to allow sufficient time for completion of all programming prior to the conclusion of the NCA initiative in 2007.

While NCA continues to promote certification in gerontology, given the barriers and challenges presented over the past three years, and based on discussions with The Atlantic Philanthropies, the NCA partners proposed a set of revised goals

and strategies to achieve its overall goal of promoting geriatric competence and certification among specialty nurses. The partners have come to see achieving goals for certification as a journey that started with the NCA project. They have also identified that development of a climate and infra-structure within professional associations and hospitals is essential if the NCA goals for certification are to be positioned to continue and grow after project funding ceases. As a result, NCA tactics over the next two years will create a process that will sustain movement towards high numbers of specialty nurses certified in geriatrics during the course of the NCA project and into the future.

The NCA Website, [www.GeroNurseOnline.org](http://www.GeroNurseOnline.org), was selected as a winner in the Spring/Summer 2005 World Wide Web Health Awards. This program recognizes the best health information Web sites for consumers and professionals. [GeroNurseOnline.org](http://www.GeroNurseOnline.org) received a Silver Award for Health Promotion/Disease & Injury Prevention Information. The website averages 25,000 visits per month.





# Did You BOP 'til you Dropped at the ANA HOP?!

The American Nurses Foundation (ANF) celebrated its 50th Anniversary in style at the 2005 American Nurses Association (ANA) House of Delegates in Washington, DC in June. When the dust settled the ANF 50th Anniversary Sock Hop, Silent Auction and Booth had brought in over \$20,000 for the work of the Foundation.

The 50th Anniversary Silent Auction alone raised over \$11,000 from the winning bids placed on the nearly 200 items. Hot items included the American flag flown over the U.S. Capitol, West Wing script signed by Martin Sheen, the Blackband Nurses ring, a White House cookbook to be personally dedicated by President Clinton, and prints The Clinic Shoes, and Ponsette - 2004.

The ANF Booth was hopping as delegates made contributions in support of programs sustained by the Foundation including Nursing Research Grants (NRG), Tobacco Free Nurses, Food-Safe Schools, Adolescent Health, Leadership Enhancement and Development, and Nurse Competence in Aging. Delegates also gathered information about these programs and chose a special thank you gift from the lunch bags, backpacks, beanbag ducks, nursing stamps, special ANF 50th Anniversary wooden box and Postcards in Nursing book.

Then, the ANF 50th bobby socks and dancing shoes came out to play at the ANF 50th Anniversary Sock Hop on Saturday night! Poodle skirts, saddle shoes, rolled up jeans, jackets and more were donned

by over 125 Hoppers who danced to music spun by DJ Steve. And, the dance instructors got the right feet separated from the left with an excellent dance workshop that revived the jitterbug in downtown DC. The dance hall was packed. And there was food! Fifties style! Devilled eggs, Fluffer-Nutters, 50s candies, hamburgers and the popular Floats and Shakes station were enjoyed by all. Wait, that's not all...there was a Stroll Contest, a Twist Contest (how low can you go?), plus a Hula-Hoop Contest with three winners because no one dropped their hoop.

Back at ANA Headquarters in Silver Spring, MD, delegates who toured the new facility had the opportunity to make a donation to ANF and sign the 2005 Wall for Nurses Today, raising another \$800 for ANF.

The ANF Board of Trustees thanks everyone who joined ANF in making our 50th Anniversary celebration during the ANA 2005 House of Delegates



ANF Operations Manager Kim Jones assists past ANF President Cecilia F. Mulvey, PhD, RN with Sock Hop tickets while delegates ponder their silent auction bid strategies.



ANA President Barbara A. Blakeney, MSN, APRN, BC, ANP and ANF President William L. Holzemer, PhD, RN, FAAN cut the rug with a jitterbug to kick-off the ANF 50th Anniversary Sock Hop.

ANF President William L. Holzemer, PhD, RN, FAAN addresses the 2005 ANA House of Delegates.

one to remember!



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*Front Row, left to right: Treasurer Margarete L. Zalon, PhD, RN APRN,BC; Linda Gobis, JD, RN, FNP; President William L. Holzemer, PhD, RN, FAAN; Barbara K. Reck, BS; Nancy Bergstrom, PhD, RN, FAAN.*

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*ANF thanks these individuals who have included ANF in their estate plans.*

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### **Sample Bequest Language:**

*I give to the American Nurses Foundation, a 501 (c)(3), tax-exempt not-for-profit organization, the sum of \$\_\_\_\_ (or \_\_\_\_% of my residuary estate) to be used for such purposes as its Board of Trustees shall direct.  
Please contact your attorney for bequest requirements in your state.*



*In celebration  
of 50 Years*

# OUR MISSION

In support of the American Nurses Association, the American Nurses Foundation exists to promote the health of the public and advance the nursing profession through the development and support of programs of excellence.

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